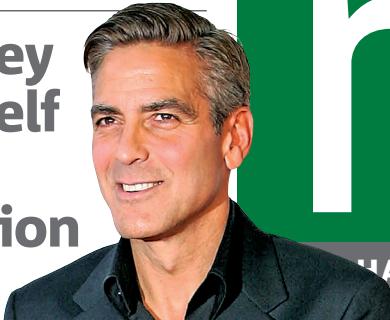


GAZA RESIDENTS REPORT ISRAELI STRIKE, PG 5

Celebrity Buzz

Clooney puts self up for adoption

pg 18



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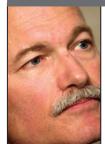
Metro Drive

A lot riding on Toyota Venza

pg 12



"We're very preoccupied and worried that unemployment is going to rise sharply. Is the EI change sufficient...?" Liberals' Michael Ignatieff



"In today's budget, he prioritized \$60 billion in corporate tax cuts and only \$1.15 billion for the unemployed." NDP's Jack Layton



"They're not targeted enough. (There is) nothing in (the Conservative's budget) to obtain our support." BQ's Gilles Duceppe

Budget bleeds red

Tories project deficits until 2013 to battle recession

The Conservatives delivered a fixer-upper budget meant to rebuild the economy and get Canadians working, pumping \$40 billion over two years into everything from income tax cuts and help for home renovations to increased jobless benefits and cash for urban reconstruction.

Canadians will find out today if the Conservatives' economic safety net has earned the support of federal Liberals.

Liberal Leader Michael Ignatieff offered a mixed review but said he would announce this morning whether to vote down the budget — and defeat Prime Minister Stephen Harper's minority government.

He said the budget's big-ticket spending and new assistance for the jobless was a "positive" response to "the combined pressure of the opposition parties," which threatened to topple the government.

But the Liberal leader questioned whether Finance Minister Jim Flaherty has done enough to improve employment insurance (EI) benefits and whether funds for infrastructure will flow quickly.

The Conservatives boast the budget, aimed at reducing the impact of a growing global recession, will create or maintain close to 190,000 jobs.

"From Corner Brook to Kamloops, from Iqaluit to

Kitchener, Canadians agree: We must do what it takes to keep our economy moving and protect Canadians in this extraordinary time," Flaherty said in his Commons budget speech.

In the budget — titled Canada's Economic Action Plan — the Conservatives are pinning their hopes on budget enticements to encourage lower- and middle-income earners to spend more.

The budget introduces

broad income-tax cuts that will save the average taxpayer several hundred dollars a year.

But the Tories are forecasting a \$34-billion deficit in the next fiscal year and deficits totalling almost \$85 billion over five years. Not until 2013 does the budget forecast a surplus. Flaherty defended the "temporary" deficit spending, calling it "necessary to stimulate our economy."

Bloc Québécois Leader Gilles Duceppe and NDP Leader Jack Layton were quick to criticize the budget.

Layton told reporters it is "absolutely" Ignatieff's responsibility to defeat the budget because it fails to meet the tests "at a minimum" that the Liberal leader set out for his support.

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CHRIS WATTIE/REUTERS

Budget Highlights

- Cut personal taxes by \$20 billion over six years, including raising the upper limit of the two lowest personal income-tax brackets.
- Cut business taxes by \$2 billion over six years.
- \$7.8 billion for social housing and private home renovation, including a one-year Home Renovation Tax Credit of up to \$1,350 per household.
- \$12 billion (\$7 billion in new cash) for infrastructure spending on things like roads, sewers and universities, including \$1 billion for "green" infrastructure, and \$1 billion for clean-energy research.
- \$2.7 billion in short-term loans to the auto industry.
- A two-year, \$1-billion Community Adjustment Fund to help communities adjust to economic hardship.
- More than \$1.4 billion for aboriginal schools, health, water, housing, community services and training.
- \$8.3 billion for skills and training, including \$1.5 billion in new cash to retrain workers.
- Extend EI benefits by five weeks for two years.
- More than \$1.4 billion for aboriginal schools, health, water, housing, community services and training.

Canada 2009

Federal Budget

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- Word on the street pg 8
- Business groups applaud pg 9

Finance Minister Jim Flaherty pauses as he delivers his budget in the House of Commons in Ottawa yesterday. The Conservatives' budget will run a deficit of \$34 billion in the next fiscal year.

Here's a different way of hitting the jackpot: Chuck Bridges, currently vice-president of external relations at Saint Mary's University, is heading to Atlantic Lottery Corp. as vice-president of stakeholder relations. Bridges has been with SMU since 1989. **METRO HALIFAX**

SMU vice-president heading to Atlantic Lottery

Local



The unemployment rolls

Just over three per cent more Bluenosers were on the unemployment rolls in November 2008 compared to the year before. All provinces saw an increase in employment insurance recipients; Saskatchewan had the lowest increase at 1.3 per cent, while Ontario was the highest with 28.2 per cent more people on unemployment.

METRO HALIFAX

Federal Budget 2009

Home renos could be greener, but still welcome

RUTH MESTECHKIN
for Metro Halifax

HOMEOWNERS Patricia Russell, who runs an energy-efficiency home design company, wishes yesterday's federal budget had had just a little of the Earth-friendly kind of green.

The budget outlined a tax credit of \$1,350 for homeowners.

"They didn't really push the energy efficiency part of the renovation," said Russell. "It could be anything from putting new sod to putting down some new trees, finishing the basement."

Russell says the budget allocation is only a Band-Aid solution.

"The planet is in such dire need for us to act now it seems that they don't get it."

She said green technology could help the environment and stimulate the economy. Even though the tax credit is good for her industry, and she can advertise it to potential clients, she said government needs to look toward the future.

Dartmouth resident David Rodenhiser is currently renovating his basement. He says although he's wary of the large federal deficit, he welcomes the tax credits.

"It appeals to me because I'm in the middle of them," Rodenhiser said. "I can profit from it."

Seniors worry help won't be enough

KIM HART MACNEILL
for Metro Halifax

Marilyn Peers saw some new money for seniors in the federal budget, but the 77-year-old Halifax resident had hoped for more.

"It's going to be worse than better in the near future, and (seniors) have a lot of concern for our adult children, as well as how it will affect us," she said last night.

Peers and her husband are retired and rely on investment income. She hoped the government would freeze forced withdrawals from registered retirement investment funds, but instead the budget proposed a 25 per cent decrease in the mandatory withdrawal amount.

"We all wonder if we are going to have sufficient income for the remainder of our time because we don't have the time to build our investments back up again," she said.

She said the increase to the basic personal amount

and increased income limits on the two lowest income tax brackets will help low- and middle-income seniors. The budget also held a \$1,000 increase to the age credit for seniors.

Andrew Harvey, an economics professor at Saint Mary's University, said that benefit depends on the senior's income.

"From what I understand, for a senior making \$20,000, it's only going to be a matter of a \$33 tax savings. They'll be able to get an extra cup of coffee at Tim's a month or something," he said last night.

Harvey said increasing old age security and guaranteed income supplement could have meant stimulus for the Atlantic provinces.

A study he did last year showed a third of the economy in Lunenburg is pension income spent by seniors.

"Anything that they do for the seniors is good, but unless they do a lot, it's still like blowing smoke in the wind," Harvey said.



RYAN TAPLIN/METRO HALIFAX

John and Marilyn Peers seen in their Clayton Park home on Monday. The Peers watched the budget announcement on television yesterday, and were particularly interested in how the budget will affect senior citizens.

Reaction across the Country

Ottawa — Student

A student at the University of Ottawa, Adrienne Walton, 31, said she wanted to see more money for universities.

Ian Lee, MBA director for the Sprott School of Business at Carleton University, said there was \$2 billion for the renewal and refurbishment of buildings at universities and colleges across Canada in the budget.

Toronto — Single income

For single father Warren Dahlen, 41, yesterday's federal budget announcement means he should be able to keep putting food on the table in front of his two young daughters.

A \$12-billion infrastructure promise is good news for the electrician, whose employment is secured by new construction.

Vancouver — Same-sex

Karen Chan, 29, and Amy Romanas, 35, married last January, are filing their tax returns together for the first time.

They will save \$1,100 in taxes this year. The couple earn about \$100,000 annually.

A young family with only one full time income, the Melvilles say they weren't expecting much from the federal budget.

The most significant detail in the budget for the Melvilles was the home renovation tax credit, which they said they'll make good use of.

Calgary — Double income family (\$150K), 2 kids

A Calgary small business owner, proud husband and father of

Federal deficit puts squeeze on province, city: Minister, mayor

Provincial Finance Minister Michael Baker gave the thumbs up to yesterday's federal budget, even though it will make his job tougher.

With the feds planning on five years of deficits, balancing Nova Scotia's budget will be even more difficult.

"It's very, very challenging to meet that commitment, but I think it's incumbent on us to do what we can," Baker said at a news conference last night.

Baker said he wants to take advantage of every available federal dollar for infrastructure. Since the province, and sometimes municipalities, match infrastructure money, the province may go into deficit to be able to access all the federal funds up for grabs.

Last month, the province was still predicting a sur-

"It's going to affect all of us across the country ... It is a budget of good intentions."

Mayor Peter Kelly

Her party plans to vote against it.

"It's one thing to say in the budget, we're going to earmark this much money for affordable housing," says Leslie.

"It's another thing entirely to trust them to actually do it."

She says Finance Minister Jim Flaherty had initially announced a surplus in November.

"Now he's saying we're running a deficit," said Leslie.

"That's irresponsible."

She said she would have liked to see a government that paid attention in November.

"I don't have the confidence in them to actually implement any of these measures."

JENNIFER TAPLIN,

MELISSA DI COSTANZO,

RUTH MESTECHKIN/METRO HALIFAX

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WHAT'S ONLINE TODAY

Budget Full coverage of the federal budget, including opposition reaction, highlights and hits and misses at metronews.ca/canada

Blogs Famous People Are Weird on Madonna's newest disguise at metronews.ca



Survey says women will keep working through bad economy

Half of Canadian women are thinking of postponing their retirement by about six years because of the recession, according to a new Desjardins survey. The survey also showed 31 per cent of women would rather not know how much they need to save. METRO HALIFAX

local 3

Don't count on pension pennies

PAUL MCLEOD
paul.mcleod@metronews.ca

Panel members

- Bill Black, panel chair, former president and chief executive officer, Maritime Life
- Dick Crawford, former president of the Canadian Institute of Actuaries; former president, chief executive officer and chairman of Maritime Life
- Ron Pink QC, labour lawyer, who has served as a leader in the Canadian Bar Association and at the provincial level

As bad as the economy gets, people can at least say they've got their pensions to fall back on.

Well, not so fast. Some employers are able to cop out on their pension promises and there's nothing stopping them, according to the final report of the province's Pension Review Panel.

"We have an odd framework where some employers don't have to fully fund their promises. To us, that doesn't make any sense whatsoever," said report co-author Bill Black. "If you get down to the regulatory nitty-gritty, I could show you all kinds of things that are just dumb."

He said employers can cancel employee benefits if plans go into debt, and they don't have to tie pension benefits to inflation, even if they said they would.

The report calls for a new, consistent regulatory system to be put in place as quickly as possible. "If we go through to the end of the year 2009 and nothing has been done, then there will be some very great difficulties for pension plans," said Black, former

president of Maritime Life. "It's going to be just impossible for employers to maintain their required funding."

Whether that happens, though, is still up in the air. Labour and Workforce Development Minister Mark Parent said fall is the soonest government could prepare legislation.

Employers funding their promises should be mandatory, according to the report. To get to that point, there would be some "transitional relief." The plan also offers employers more flexibility. Currently, plans that are in debt need to be fixed within five years. The report suggests extending that to 10, to help cope with the recession.

News in brief

HOMICIDE An autopsy yesterday confirmed Christopher William Walker, the 22-year-old man who died at the Central Nova Correctional Facility in Burnside, was murdered.

BUST More than 180 plants were seized Monday at a Dakin Drive residence in a "substantial" marijuana grow-op. Two men were arrested.

JENNIFER TAPLIN/METRO HALIFAX

Literacy Storytime premier



Premier Rodney MacDonald reads *The Velveteen Rabbit* to primary students during Family Literacy Day at École Gertrude Parker Elementary School yesterday. MacDonald, Mayor Peter Kelly, Lt.-Gov. Mayann Francis, RCMP officers and others took turns reading to students at the school.

Murder suspect trying to change: Friend

REACTION The man charged in a murder in East Preston last week was "trying to get his life back on track," says a longtime acquaintance.

Andre Slawter, 20, was found dead in a car parked near his home on Brian Street at around 3:30 p.m. Jan. 21. Tywan Kimo Slawter, 35, was also in the vehicle, but received minor injuries.

Steven Maurice Colley, 49, was charged the next day with first-degree murder, attempted murder and four weapons-related charges.

David Sparks grew up in Cherry Brook and has known Colley, of Dartmouth, for years. "I've known Steve most of my adult life," Sparks

"I was completely blown away by it."

David Sparks

said. "He's an all right guy ... he's had some difficult times in his life."

Just three weeks ago, he was singing in a church choir, Sparks added.

Colley has a criminal record and was facing assault charges relating to a Sept. 20 incident when Slawter was killed.

Sparks said he was shocked to learn Colley was charged with murder. "I was completely blown away by it," Sparks said. "He was try-

ing to get his life back on track and this is a 180-degree turn."

Sparks said he visited Slawter's grieving mother to express his condolences, even though he didn't know her son. "There was family around and she was holding up. He was her only son."

Sparks, the president of the Martin Luther King Project Association, helped organize a march in North Preston in 2007. It followed the murder of Martaze Provo, 25, and Brandon Beals, 21, on Dec. 10, 2007.

There's been no talk of organizing another march after this recent spate of violence.

JENNIFER TAPLIN/METRO HALIFAX

Teen who killed cabbie loses bid for shorter sentence

SENTENCE An appeal was denied for the teen who killed cab driver Ken Purcell on Christmas Day, 2005.

In a decision released yesterday, Justice M. Jill Hamilton upheld the adult sentence for Garmen Davidson Smith.

On Christmas Eve, 2005, Smith told an acquaintance he was waiting for someone to cross him so he could shoot or stab somebody.

According to the court documents, Smith said he liked the sound of the knife going in when he stabbed another cab driver in the chest three years earlier.

Smith, 17 at the time of the murder, had already served time for drugs and aggravated assault.

Purcell, 62, was stabbed at least 16 times and bled to death.

The trial judge found a youth sentence of a maximum seven years wasn't long enough to hold Smith accountable for Purcell's murder.

Smith was sentenced to life in prison with no parole for at least seven years and that sentence was upheld yesterday.

JENNIFER TAPLIN/
METRO HALIFAX

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The Freethought Association of Canada is targeting Calgary for its next round of advertising intended to promote atheism, CBC News Online reports. The ads would carry a simple message: There's probably no God. Now stop worrying and enjoy your life. The group is currently waiting for approval to put its ads on buses in Toronto. **METRO NEWS SERVICES**

Canada



Lotto winner looking to share loot

Five former employees of a St. Catharines, Ont., Tim Hortons should get a sweet treat the next time Jorma Hogbacka sees them. "There was five girls working down there and I promised when I win the big money, I'd give each one of them \$30,000," the 60-year-old St. Catharines man said yesterday as he held a \$14.8-million cheque at the Ontario Lottery and Gaming Corp. prize centre. Hogbacka split Saturday's \$44.4-million 6-49 jackpot with two other winners. **TORSTAR NEWS SERVICE**

York strike takes ugly turn

Protesters clash with police as Ontario proposes back-to-work legislation

As debate on back-to-work legislation continued for the third day at the Ontario legislature yesterday, four protesters were arrested while they made their way from the ministry of labour offices to the legislature.

The two men and two women were arrested after an officer contacted his dispatcher to say "he needed assistance," said Toronto police Const. Tony Vella, a media spokesperson. Bystanders who witnessed the protest also contacted police to say an officer needed help, Vella added.

Charges include assaulting police officers and obstructing police, according to Vella. "Four officers sustained minor injuries," he said. "All four are being charged."

Ontario Premier Dalton McGuinty, stung by accusations of fumbling the York University strike, says the government is exploring a new commission that would intervene when campus labour disputes are getting out of hand.

A commission won't



Four people were arrested yesterday as 200 members of CUPE and their supporters rallied in downtown Toronto. The rally was to protest back-to-work legislation proposed by the Ontario government as it attempts to intervene in a strike at York University.

help the nearly 45,000 York University students still not in class, said Canadian Union of Public Employees President Sid Ryan, who added that if back-to-work legislation passes today or tomorrow, CUPE may be forced to launch a court action on the basis

that it violates the Canadian Charter of Rights and Freedoms.

"If we pursue it, the strike will be prolonged," Ryan told a news conference at Queen's Park yesterday. "We don't want to go down that road."

York officials say the two

sides are at a true impasse, said Alex Bilyk, a university spokesperson. "We are in a deadlock," he said. "This legislation is the only certain way to make it (end) now."

The union's last offer was more than double the university's offer for settle-

ment, York president Mamdouh Shoukri said. "That is an impasse by any standards," he said in a statement.

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REUTERS

Bishop challenges 'moral legitimacy' of Alberta oilsands

LETTER The rapid-fire development of Alberta's oilsands region has garnered a new critic — the Catholic bishop whose diocese extends over the world's second-largest oil reserves.

Luc Bouchard, bishop of the diocese of St. Paul, which covers nearly 156,000 square kilometres of Alberta, said that "the integrity of creation in the Athabasca oil sands is clearly being sacrificed for economic gain."

In a letter to the region's 55,000 Catholics, the bishop wrote that the exploitation of the resource is environmentally unsound, challenging the "moral legitimacy of oilsands production."

Barrels

- More than a million barrels of oil a day are produced from Alberta's oilsands.

Icebreaker stuck in ice before freeing cruise ship

Passengers in good spirits

- Despite their imprisonment in a sea of ice, the passengers of the Vacancier stayed in good spirits. They're part of an historic cross-country ski and

river voyage that marks the first time a cruise ship has plied the St. Lawrence from Montreal to the Gaspé Peninsula in the middle of winter.

ger on the Vacancier. "It's not a big icebreaker and the ice here is pretty exceptional. The Russians have these huge machines that can go anywhere. I don't think we're really well-equipped in Canada to break the ice."

Nathalie Letendre, communications officer for the coast guard in Quebec, denied the Terry Fox got stuck. "It just had difficulty

to move in the ice," she said. "There is a difference."

The captain of the chartered Vacancier, Bernard Langford, however, said the icebreaker was, indeed, trapped, and had to give up working overnight Monday because of the extreme ice conditions. The ice, near to the shore of Matane on the lower St. Lawrence, 630 kilometres northeast of

Montreal, was more than two metres thick in parts, he said.

The Terry Fox eventually gained its rhythm and freed the Vacancier from its frozen shackles around noon yesterday, nearly 36 hours after the cruise liner called the Coast Guard.

Letendre said the ice conditions haven't been seen since the mid-1990s and that another icebreaker is being deployed to the region. However, the Des Groseilliers is a medium icebreaker, not another heavy-class vessel. Asked why, Letendre would only say, "The concern is big that we need another vessel."

TORSTAR NEWS SERVICE

News in brief

CHALK RIVER Opposition MPs rapped the government in question period yesterday about an early December leak at the Chalk River nuclear

plant, about 185 kilometres northwest of Ottawa, CBC News Online reports. Liberal MP Geoff Regan wanted to know why the government

hadn't informed Canadians about this "grave security problem."

SASKATCHEWAN A teenage

boy accused of threatening students and school staff with a gun in Regina last year has pleaded guilty to forcible confinement and uttering threats,

CBC News Online reports. In youth court yesterday, the teen also pleaded guilty to possession of a dangerous weapon.

METRO NEWS SERVICES

Mammograms lagging in women after childhood cancer: Report

HEALTH Women who underwent chest radiation as part of treatment for childhood cancer often are not getting recommended breast cancer screenings despite being at high risk for the disease, researchers said yesterday.

Experts recommend these women have an annual mammogram, or breast X-ray, to

At risk

- The study involved women in Canada and the United States who had cancers such as Hodgkin's disease as children or young adults and were treated with moderate- to high-dose radiation to the chest, which can raise the risk of breast cancer.

But among women ages 25 to 39 in this group, 47 per cent had never had a mammogram, and only 23 per cent had one in the past year, the researchers wrote in the *Journal of the American Medical Association*.

REUTERS

Greyhound driver attacked

ONTARIO A screaming man attacked the driver of a Greyhound bus en route from Detroit to Toronto yesterday.

The attacker grabbed the steering wheel as the bus passed Windsor, Ont., on a dangerous, curved stretch of highway, police said.

There were 11 people on board. The driver, a 51-year-old man, averted tragedy yesterday.

"The bus driver, without any hesitation, was able to fend off the passenger and at the same time manoeuvre the bus."

The attacker was arrested under the Mental Health Act and taken to a hospital for minor injuries and a psychiatric assessment.

TORSTAR NEWS SERVICE

New British laws crack down on deadbeat parents

Parents in Britain who refuse to pay child maintenance could have their passports and driver's licences confiscated without a court order under new laws aimed at cleaning up the welfare system. The bill also seeks to nudge single parents and people with health problems into employment and make the long-term unemployed work for their benefits. **REUTERS**

World



Author Updike dies at 76

American author John Updike, a leading writer of his generation who chronicled the drama of American small-town life with searing wit and vivid prose, died Tuesday of lung cancer at 76. His novel *Rabbit Is Rich*, published in 1981, won the Pulitzer Prize for fiction. A decade later, *Rabbit At Rest* won a second Pulitzer. **REUTERS**

World sighs in relief: Clinton

U.S. Secretary of State Hillary Clinton suggested yesterday the world was breathing a sigh of relief that President Barack Obama had replaced George W. Bush and was working to fix the damage he had caused.

In her first news conference as top U.S. diplomat, Clinton said excitement over the change in power was "reinforced time and time again" during recent

welcome calls with foreign counterparts.

"There is a great exhalation of breath going on in the world as people express their appreciation for the new direction that's being set and the team that is put together by the president," Clinton said.

"We have a lot of damage to repair."

Clinton said her remarks should not be viewed as a wholesale repudiation of

the Bush administration, adding there would be continuity on some policies.

Many Arab and European allies opposed the Bush administration's invasion of Iraq and its human rights record, including treatment of terror suspects. Generally, world leaders have praised Obama's election but analysts say his honeymoon could be short-lived as he tries to grapple with the global

Position on Israel

- Clinton said yesterday that she believes Israel had a right to defend itself and that Palestinian rocket attacks from Gaza on the Jewish state could not go unanswered.

economic crunch, wars in Iraq and Afghanistan, the Arab-Israeli conflict and other challenges. **REUTERS**

25 bodies found in Madagascar department store

ANTANANARIVO Firefighters found 25 charred bodies in a looted department store in Madagascar's capital yesterday, a day after the worst anti-government violence in years on the island.

Antananarivo's mayor and opposition leader Andry Rajoelina called for peaceful demonstrations against President Marc Ravalomanana to resume today.

A teenager and a policeman were killed Monday after tens of thousands took to the streets and the demonstrations became violent. **REUTERS**

Israeli aircraft hit Gaza tunnels: Residents

STRIKES Israeli aircraft struck at tunnels used for smuggling goods and weapons on the border between the Gaza Strip and Egypt yesterday, residents of the Gaza town of Rafah and Hamas security officials said.

Rafah residents began to flee homes in panic as the aircraft struck three times before dawn, Hamas offi-

Unity urged

- Prominent Palestinian politicians and intellectuals appealed to the rival Hamas and Fatah factions yesterday to heal rifts that have jeopardized the quest for statehood.

cials said. There was no initial word of any casualties.

The strike came as an apparent response to an earlier attack by Gaza militants on an Israeli military vehicle that was hit by a roadside bomb while patrolling the Gaza border, killing one soldier and wounding three others.

An air strike shortly afterward killed one Palestinian on a motorcycle.

REUTERS

News in brief

OCTUPLETS A California woman shocked doctors by giving birth on Monday to octuplets, believed to be only the second set of eight babies born successfully in the U.S.

The six boys and two girls were doing well and were in stable condition, doctors said.

CHURCH Pope Benedict decided to rehabilitate a bishop into

the church who denies the Holocaust with little Vatican consultation. It has raised fears it will have lasting effect on relations with Jews.

REUTERS

Armed man holds bus hostage

BULGARIA An armed man surrendered to police after hijacking a bus and holding 37 people aboard hostage for two hours yesterday, officials said.

The 33-year-old man, who officials said had mental health problems, had forced the driver to stop at a gas station 125 kilome-

tres east of Sofia.

Officers found no explosives, even though the hijacker said a bomb had been planted on board. Police said he had demanded officers find a man who he blamed for a car crash last year, which he said resulted in his girlfriend having a miscarriage. **REUTERS**

Georgia Seeking asylum



Alexander Glukhov, a Russian soldier, speaks to journalists at a McDonald's restaurant in Tbilisi. Glukhov said he deserted Russian forces in South Ossetia to escape mistreatment, but Moscow said the man was abducted and demanded his return.

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A national deficit occurs when a government's annual expenditures exceed its revenues. The national debt is the accumulation that remains unpaid from all past annual deficits since 1867. TORSTAR NEWS SERVICE

Federal

Budget 2009

Big spenders

Pierre Trudeau and Brian Mulroney both spent Canada deeper and deeper into debt during the 1970s, 1980s and early 1990s. Trudeau failed to balance the books for 15 years as prime minister. Mulroney never managed to produce a surplus.

TORSTAR NEWS SERVICE

Tories await their fate

NDP, Bloc immediately condemn budget; Liberal decision today

The fate of the Conservative government lies with Liberal Leader Michael Ignatieff, who says he is concerned the Harper government has underestimated the economic crisis.

Ignatieff, who met with his Liberal caucus last night, was to announce today whether his party would support the government's economic plan, or possibly join with the NDP and the Bloc Québécois to defeat the Conservatives in the Commons.

There was talk among some Liberals last night about possibly proposing an amendment to the budget to address some of the party's concerns.

New Democrat Leader Jack Layton and Bloc Québécois Leader Gilles Duceppe swiftly condemned the budget as a failed "ideological" document that does not address the needs of the jobless and the most vulnerable, nor move Canada toward a greener economy.

Their parties intend to vote to defeat the government on the budget, and Layton publicly pressured Ignatieff to do the same.

Layton said the budget fails on the very tests — helping the most vulnerable, protecting the jobs of today and creating jobs for tomorrow — that Ignatieff had set out.

"He has a choice to make," Layton told reporters. "It's either to prop up the Harper government and allow it to continue in a fashion that is clearly wrong-headed, or to pursue the agenda laid out by the coalition, which would create jobs for the future and would transform our economy and would really protect the people who are suffering the most from the economic crisis."

SHAUN BEST/REUTERS



Bloc Québécois Leader Gilles Duceppe, left, talks with New Democratic Party Leader Jack Layton yesterday in the foyer of the House of Commons on Parliament Hill after listening to the budget speech.

"He has a choice to make. It's either to prop up the Harper government and allow it to continue in a fashion that is clearly wrong-headed, or to pursue the agenda laid out by the coalition, which would create jobs for the future and would transform our economy and would really protect the people who are suffering the most from the economic crisis."

NDP Leader Jack Layton on Liberal Leader Michael Ignatieff

coalition, which would create jobs for the future and would transform our economy and would really protect

the people who are suffering the most from the economic crisis."

Layton was referring to

the agreement signed by the Liberals and NDP in December to form a coalition, supported by the Bloc, to re-

place the Conservative government.

Ignatieff, however, said yesterday the Conservative budget contained "some positive elements" that he credited to the political pressure brought to bear by the united opposition parties before Christmas.

He said there are also "negative aspects."

TORSTAR NEWS SERVICE
MORE ON IGNATIEFF'S DECISION, PAGE 7

El benefits extended five weeks

Ottawa's plan to extend employment insurance by five weeks is better than nothing, say some workers struggling with job loss and an uncertain future.

But for those whose EI has already run out, yesterday's federal budget offered little comfort.

Economists, labour groups and business leaders had also called on Ottawa to end regional inequities in the system that make it easier for the unemployed in some parts of the country to qualify than in others.

They note that reforms during the 1990s to limit access and benefits to employment insurance have resulted in a program that covers barely half of unemployed workers in Canada today.

TORSTAR NEWS SERVICE

More to be taken off tax rolls

RELIEF In a something-for-everyone budget, the Conservative government has proposed widespread tax relief for small businesses, homeowners, seniors, and low- and middle-income Canadians.

The budget calls for tax measures that will leave more money in more people's pockets, including the sprawling middle class, whose support the Conservatives covet.

The moves will take an additional 265,000 Canadians off the tax rolls altogether, largely through changes to the basic personal income tax exemption and to the seniors' age credit.

TORSTAR NEWS SERVICE

Many wild cards in play for future of the economy

Savings to trickle down

• Economists said the permanent nature of tax breaks would help those savings trickle down

into the real economy, contrasting them with the temporary tax rebates doled out to Ameri-

cans last year. Lower-income Canadians, they say, have a greater propensity to consume.

protecting increasingly vulnerable jobs amid a worsening global recession.

Flaherty said measures to shore up the sputtering economy must begin within the next 120 days to be

effective. Overall, the government hopes its action plan will create or preserve up to 190,000 jobs for Canadians by the end of 2010.

Private sector econo-

mists, however, stressed the outlook for the global economy remains clouded. There are many wild cards, including the future direction of commodity prices and the timing of any even-

tual economic recovery in the United States — not to mention the future health of Canada's own housing and stock markets.

Since the global economic meltdown was originally sparked by events outside this country's borders, the government's "made-in-Canada" solution is unlikely to be a cure-all for the domestic economic funk.

TORSTAR NEWS SERVICE

No substance, says Greenpeace spokesperson

"There's a total lack of vision," said Stephen Gilbeault from Greenpeace. "What they're trying to do is talk green and look green, but there's no substance to it." **TORSTAR NEWS SERVICE**

Federal Budget 2009

It's not easy being green

Critics pan largest environmental stimulus in Canadian history

It was the largest green stimulus in Canadian history, according to the federal Environment minister, but elements of the budget plan that use the environment to revamp the economy fell short of many expectations.

Yesterday's budget contained more than \$3 billion to develop clean technologies, build environmentally-sustainable infrastructure and improve energy efficiency in homes.

"The provisions in the budget relating to the environment are very significant," Environment Minister Jim Prentice told **Torstar News Service**. "When you add all this up, it's certainly the largest green stimulus that we've ever seen."

But critics say the federal government's plans fall far short of national public transit and other infrastructure needs while spending too much taxpayers' money in Alberta's oil-sands and not enough on renewable energy.

There were at least two mentions of carbon capture



Finance Minister Jim Flaherty, left, shakes hands with Prime Minister Stephen Harper yesterday after delivering the federal budget in the House of Commons.

and storage projects that store greenhouse gas emissions underground in a section of the budget that outlines the five-year, \$1-billion clean energy fund, noted

Stephen Gilbeault of Greenpeace.

The government also earmarked \$292 million to help develop the CANDU nuclear reactor and operate

the Chalk River facility.

The new clean energy fund is "an excellent start," but it is important to rapidly increase funding for renewable energy projects, both to

keep up with the pace that is being set in Washington by U.S. President Barack Obama and to help emerging Canadian companies stay competitive, said Vicky Sharpe, president and chief executive of Sustainable Development Technology Canada.

Obama has vowed to double energy production from renewable sources in three years as part of his stimulus package.

"We're either going to be technology takers or makers, and so if we're going to see an upswing in support for clean technology development in the U.S. then I think we need to be matching that," Sharpe said.

The government wants 90 per cent of energy from clean sources by 2020, a goal that is dependent on shutting down Ontario's coal-fired electricity plants and switching to hydro, nuclear and natural gas as power sources, Prentice said. Wind and solar power can also play a smaller role, he added.

TORSTAR NEWS SERVICE

Tories boost spending for less fortunate

PRESSURE The Conservative government was under more political pressure than usual to boost social spending as the would-be coalition was on the lookout for whether it would help those that the economic crisis has left most vulnerable.

Finance Minister Jim Flaherty set the tone by making it clear the budget yesterday was not one for a time of prosperity, but one that would do what it could to keep the economy moving while protecting its citizens from the worst effects of the slowdown.

"We will need to spend more to protect our economy and help Canadians hit hardest by the global recession," Flaherty said in his speech in the House of Commons yesterday.

Nicholas Gazzard, executive director of the Co-operative Housing Federation of Canada, said he believes the political crisis had something to do with the social spending included in the budget yesterday.

It's your move, Iggy

Liberal Leader Michael Ignatieff laid out three tests to determine whether his party will support the budget. Here are the tests and some budget offerings that might satisfy his demands:

Protect the vulnerable

- Extension of employment insurance benefits by five weeks for the next two years.
- Extension of protections to safeguard severance and termination pay for workers hit by company bankruptcies.
- Greater tax relief from the working income tax benefit to encourage low-income Canadians to find and keep jobs.
- Up to \$150 in tax savings for low- and middle-income seniors through an increase in age credit amount.
- \$1 billion for renovating social housing.

Protect the jobs of today

- \$12 billion over two years for new infrastructure spending.
- \$7.8 billion in tax relief and funding to stimulate the housing sector and improve housing.
- \$170 million toward a "more sus-

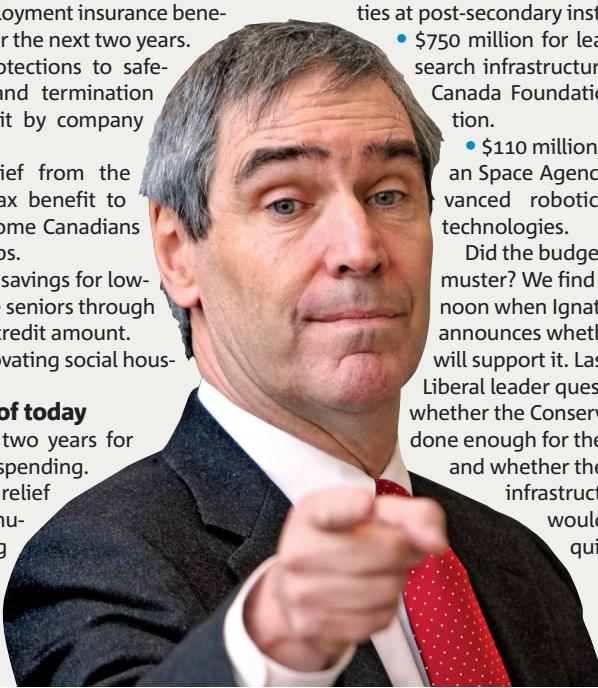
tainable and competitive" forestry sector.

Create jobs for tomorrow

- \$55 million over two years to help young Canadians find summer jobs, giving them valuable experience in the work force.
- \$2 billion to repair, retrofit and expand facilities at post-secondary institutions.
- \$750 million for leading-edge research infrastructure through the Canada Foundation for Innovation.
- \$110 million to the Canadian Space Agency for more advanced robotics and space technologies.

Did the budget pass Liberal muster? We find out today at noon when Ignatieff announces whether his party will support it. Last night, the Liberal leader questioned whether the Conservatives had done enough for the unemployed and whether the infrastructure cash would be spent quickly enough.

**TORSTAR
NEWS
SERVICE**



News in brief

RENOVATIONS The Home Renovation Tax Credit (HRTC) is designed to get Canadians spending now to help create jobs in industries typically

hurt by an economic downturn. Effective today through Jan. 31, 2010, homeowners can claim a tax credit for 15 per cent of renovation

expenses between \$1,000 and \$10,000. The maximum tax credit (on \$9,000 in renovations) is worth \$1,350.

TORSTAR NEWS SERVICE

Then & now
Jim Flaherty
on the
Economy

Oct. 7, 2008:

"We had a surplus in the first quarter of this year ... which is, in fact, ahead of track on our budget assumptions. So I'm quite comfortable that we're on track, in fact, a little bit better than on track, for this fiscal year."

Oct. 24, 2008

"I can assure you that we remain on track for a balanced budget this fiscal year with a modest surplus by the end of the fiscal year."

Oct. 27, 2008:

"Canada will be the envy of other industrialized nations."

Nov. 13, 2008

"We won't take steps that will hurt the real economy just for the sake of having a small surplus."

Dec. 11, 2008

"It's quite clear on the basis of the forecasts and the continuing declines in the forecast that there will be a deficit."

Dec. 12, 2008

"We are living in extraordinary times ... Panicking and making the wrong choices would be devastating for the Canadian economy."

Jan. 21, 2009

"We will not create a permanent, long-term deficit for Canada ... In our economic plan, we will show how we will exit from deficit as the economy exits from recession."

Jan. 27, 2009

"As the economy recovers, we fully expect to emerge from deficit and return to surplus within five years ... While our projections are based on the best information available, we cannot guarantee them absolutely."

TORSTAR NEWS SERVICE

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Comment

Building in Bob's name

Can we fix it? How about can we afford it?

UsualBusiness

Kate MacNamara



kmacnamara@xplornet.com

In spite of the \$40-billion stimulus package he brought down yesterday, Finance Minister Jim Flaherty is not the man of the hour.

Neither is Opposition leader Michael Ignatieff, on whose shoulders the fate of this borrowed stimulus now rests. Nope.

It isn't even U.S. President Barack Obama as he leans on Washington lawmakers to pass his trillion-dollar spending plan.

The man who defines our time is Bob the Builder, the children's cartoon character.

Governments across the Western world, and now including our own, have stolen the little fella's show: Building houses, roads, bridges, schools, you get the idea.

The Conservatives says

they're putting shovels and hammers to work across the country, in order to make work, and lift a flagging economy.

All told new federal infrastructure spending will top \$11 billion.

Mr. Flaherty even filched the little guy's tradesman look when he donned steel-toed boots to fulfil the tradition of launching a budget in a pair of new shoes.

In fact, the only thing Mr. Flaherty didn't rip off was Bob's slogan: Can we

fix it? To which his crew of animated bulldozers responds ... Yes we can.

Mr. Obama already filched it for his presidential campaign.



Canada 2009 Federal Budget

But all of this "shovel ready" business isn't the only expensive measure in this budget.

There are several billion dollars for retraining the unemployed.

Billions more in tax credits for everything from home renos to computers.

There are income tax reductions and help for small businesses.

Aimed at the very special of special interests is the money to increase slaughterhouse square-footage, and the help for lumber mills to expand their sales in

Timbuktu.

There are also more sensible measures to help thaw tightening credit.

For example, there is more than \$60 billion available to buy loans from the balance sheets of banks and other lenders.

That might not have much curb appeal, but it may just mean cheaper and more ready mortgages and car loans for consumers.

Canada is well positioned in the face of a looming recession.

We are returning to deficit spending after 12 years of surpluses.

But Mr. Flaherty said yesterday he doesn't expect the government to return to balanced budgets until 2013.

The interceding years, he estimated, would heap a further \$85 billion on the national debt.

That leaves the question Bob's pint sized audience can afford to ignore — can we afford it?

Kate MacNamara is a business reporter for CBC radio. She lives in Bragg Creek, Alberta.

Flaherty
metro

MICHAEL DE ADDER



Quote of the Day

"My concerns about the budget are have they underestimated the seriousness of the crisis? If they make that judgment wrong, pretty well everything goes south, including their deficit projections."

— Liberal Leader Michael Ignatieff

Word on the street: Was this a good budget?

Angela Leggett

Age: 35 Toronto

A: We just moved into a new house so that tax credit (home renovations) will allow me to spend a bit more money.



Billy O'Neill

Age: 34 Toronto

A: The budget fails to address the shortfalls in the employment insurance program. The temporary extension of five weeks is not enough.



Melinda Ainsworth-Roy

Age: 26 Ottawa

A: I'm generally suspicious of the Conservatives ... but from what I've seen so far, it looks hopeful.



Christy McGoldrick

Age: 29 Ottawa

A: They really packed a lot of spending and tax cuts into one budget. I like that there was \$12 billion for repairs to roads, sewers and universities.



Patricia Russell

Small business owner

A: I didn't hear anything about sustainable jobs, putting money into advancing sustainable green practices and technologies.



Kaley Kennedy

Federation of Students, Nova Scotia

A: We didn't see anything that's going to reduce student debt or reduce tuition fees.



Peter Kelly

Halifax Mayor

A: It appears that they listened to us ... We're asking them to put a bit more meat on the bones so we actually know what we're eating.



Corinne McKitiak

Age: 21 Calgary

A: I was kind of worried they would have fancy fixes for everything ... it seems smart to give back to people so that they can spend.



Gregor Robertson

Vancouver Mayor

A: We were really hoping for social-housing investment to deal with our homeless crisis here.



It's your turn to tell others what you think. E-mail your thoughts and opinions to: halifaxletters@metronews.ca

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

Ex-IBM exec heads to Apple after legal battle
A lawsuit involving proprietary-and-confidential-information protection that barred former IBM Corp. executive Mark Papermaster from joining Apple has been resolved. **REUTERS**

Business

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Inflation risk small: Carney

PAUL MCLEOD
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Canada got some good economic news for a change yesterday at a speech in Halifax.

Mark Carney, governor of the Bank of Canada, told the Halifax Chamber of Commerce that the country will likely avoid massive inflation.

Carney said Canada's banking system is strong and the Bank of Canada has room to manoeuvre on controlling inflation.

"The bank began cut-

"Canada faces those challenges (of the financial crisis) from a position of strength."

Mark Carney

ting interest rates sooner — and has cut deeper — than most other central banks. With the usual lag, these moves will have a powerful impact on economic activity and inflation."

Carney's outlook was downright rosy by recent

standards. He expects the economy to begin recovering later this year. While he conceded Canada's GDP will drop a projected 1.2 per cent in 2009, he expects a 3.8 per cent rebound in 2010.

In the meantime, Carney said the central bank would use its powers to keep inflation at two per cent per year.

"While the current financial crisis presents challenges for policy-makers and citizens alike, Canada faces those challenges from a position of strength," said Carney.

The DAILY BUSINESS BUZZ

Dartmouth development: Dartmouth Crossing will be welcoming some new additions this spring including Costco, CIBC, Henry's Cameras, Moxie's Classic Grill, SellOff-Vacations.com, Starbucks, Subway, Wok Box and Hampton Inn & Suites — and 1,800 planned condominiums and townhouses.

MacKay nixes new post: Amid speculation in The Economist that Central Nova MP Peter MacKay could be a contender for chief of the North Atlantic Treaty Organization, MacKay says he's flattered by the mention, but he's focused on his current job.

New networking site: VMP Group, a next-gen marketing agency based in Sydney, is leading the development of a high-tech social networking platform. The online environments will incorporate e-commerce, social and learning components based on a particular category or interest.

Get the full stories delivered to your inbox every morning. Sign-up today for the DAILY BUSINESS BUZZ nsbj.ca

Ottawa gives credit boost

BUDGET Business groups applauded measures in the proposed federal budget to increase access to credit and cut taxes.

Finance Minister Jim Flaherty pledged to make up to \$200 billion in liquidity and financing available to Canadian businesses through a variety of government measures.

Under the plan, Ottawa would provide businesses with access to additional financing of \$13 billion through financial Crown corporations.

Agencies such as the Export Development Corp. and the Business Development Bank of Canada would have greater lending powers.

The government also plans to increase the maximum eligible loan amount a small business can access under the Canada small business financing program for loans made after March 31. The current limit, unchanged for the past 15 years, will be raised to \$350,000 from \$250,000 and to \$500,000 for loans made for acquiring property.

The government said these changes are expected to result in more than \$300 million in additional lending. **TORSTAR NEWS SERVICE**

Nortel workers demand severance

PAY A group of workers laid off by ailing telecom equipment maker Nortel Networks Corp. has asked the company to restore the severance payouts it has suspended as it restructures under court protection.

A group representing about 160 recently laid-off Nortel employees who want their money asked

Nortel's chief executive and its board of directors to overturn its decision to suspend promised severance "and, in so doing, uphold your stated commitment to the highest standards of business conduct and integrity, as well as provide emotional and financial relief to ourselves and our families in this difficult time." **REUTERS**

Business in brief

EARNINGS Helped by strong sales in Quebec and improved performance in Ontario outlets, grocer Metro Inc. reported a higher-than-expected quarterly profit of \$81.1 million, or 76 cents a share, up

from \$73.8 million, or 54 cents a share, a year earlier. Analysts had expected earnings of 64 cents a share.

EARNINGS Hershey Co. posted higher-than-expected quarter-

ly profits of \$82.2 million, up from \$54.3 million a year earlier, as it lifted sales of its namesake candy and Reese's brand through increased marketing. Sales rose 2.6 per cent to \$1.38 billion. **REUTERS**


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<ul style="list-style-type: none"> • Unlimited Local Calling PLUS • Caller ID Block • Comwave Enhanced 911 • Free Comwave to Comwave calls worldwide! 	<ul style="list-style-type: none"> 12 FREE FEATURES INCLUDING Caller ID, Call Forwarding, Voice Mail, Call Waiting ... and much more 	<ul style="list-style-type: none"> UNLIMITED Calling to Canada and U.S.A. PLUS • 12 Free Features Including: Caller ID, Call Forwarding, Voice Mail, Call Waiting ... and much more

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Major League Soccer isn't prepared to wave goodbye to David Beckham just yet, but would be willing to discuss the future of the former English captain with Italian club AC Milan, commissioner Don Garber said in Ottawa yesterday. **METRO NEWS SERVICES**

Sports

SPORTS@METRONEWS.CA

Even split on fighting issue

NHL A slight majority of Canadians believe NHL hockey fights should be banned for good, according to a new Canadian Press-Harris-Decima poll. A survey conducted during NHL all-star weekend shows that 54 per cent of respondents think fighting should be eliminated. The poll suggests only 40 per cent of Canadians believe fighting should continue to be allowed.

Quebecers — at 62 per cent — oppose fighting far more than residents of any other region in Canada.

Still, 68 per cent of hardcore NHL fans who follow the league closely say the gloves should continue to drop.

The NHL plans to officially examine the role of fighting in the league during the GMs' meeting in March. **METRO NEWS SERVICES**



Heat forces Djokovic out

The Melbourne heat forced Novak Djokovic to throw in the towel during his Australian Open quarter-final match against Andy Roddick yesterday. The third-ranked Serb looked increasingly woozy and had to give up while trailing 6-7 (3), 6-4, 6-2, 2-1, allowing Roddick to claim a spot in the semifinals against Roger Federer.

METRO NEWS SERVICES

Lecavalier burns Montreal

NHL RESULT

Lightning 5 Habs 3



Vincent Lecavalier and Martin St. Louis each scored a goal and notched an assist last night as the Tampa Bay Lightning defeated the Montreal Canadiens 5-3.

Ryan Malone, Vinny Prospal and Steve Downie also found the back of the net for the Lightning, who have won three straight and boast a 6-2-0 record in their last eight games. Mike Smith made 31 saves to earn his 14th win of the season. Maxim Lapierre scored twice and Carey Price stopped 19 shots for the



Vincent Lecavalier tries to avoid a check by Montreal Canadiens' Maxim Lapierre last night.

Canadiens, who have lost three in a row and four of six overall.

Trailing 2-1 after the opening 20 minutes of play, Tam-

pa Bay erupted for three goals in the second period.

Lecavalier evened things up with a power-play marker at 2:49, and the Lightning

reclaimed the lead as Prospal buried a rebound behind Price with 5:03 remaining.

METRO NEWS SERVICES

Sports in brief

NHL Forward Matt Cooke of the Pittsburgh Penguins has been suspended for two games for hitting Carolina Hurricanes forward Scott Walker in the head during a game last week. Cooke was assessed a minor penalty for interference against Walker, who left the ice and did not return to the game. Cooke will miss games against the New York Rangers tonight and the New Jersey Devils Friday night. He'll be eligible to return Saturday for a game against the Maple Leafs in Toronto.

NFL A Philadelphia man shot with a gun owned by Colts receiver Marvin Harrison is headed to trial Wednesday, accused of lying to police. Dwight Dixon is due in Philadelphia municipal court on three charges of making false sworn statements, according to court records.

METRO NEWS SERVICES

For more sports coverage, visit us online at www.metronews.ca/sports

A Super Bowl cakewalk for Steelers?

NFL Super Bowl XLIII

finest Super Bowl seat in the house in Tampa Bay for less than \$3,000.

The recession is partly responsible, unquestionably, but there's general apathy, too, as many football fanatics fear a major mismatch.

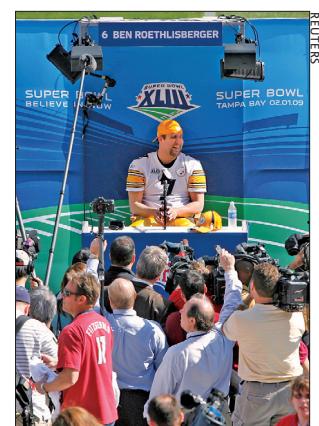
Oh, I know that's what folks said last year, before the Pats and the Giants met. New England, though, created a buzz because of the undefeated/historical season it aimed to record. And then the Giants went and upset them. And, sure, the Cards could defy logic as seven-point underdogs and could pull off another miracle Sunday.

They could, but they won't. Consider:

- Team histories: Pittsburgh surrendered in a game this season were 21 — in a 26-21 triumph. Arizona was beaten twice by 21 points, once by 28 and once by 40. No previous Super Bowl team lost a game by 21 or more points in the regular schedule.

You get the picture. This could be one of those not-so-classic Super Bowl routs.

Like: Pittsburgh 28, Arizona 9. Yep, that bad. Regardless, I'll watch every second. Don't plan to snap my streak just yet.



Steelers quarterback Ben Roethlisberger answers questions during Super Bowl media day in Tampa yesterday.

I am a football addict and have not missed a Super Bowl game. Never. I have, I confess, witnessed every single second of all 42 Super Bowls — whether as a tot in my parents' family room, at friends' parties, in the stands of the stadiums where some of the games were played, working in the press box at several, in a rowdy establishment slouching over a table with beer, or alone with popcorn in the privacy of my den.

And, naturally, I'll watch the 43rd Super Bowl somewhere this Sunday, when the Pittsburgh Steelers and Arizona Cardinals clash helmets.

I'm not especially jazzed up about this one, however, and I know I'm not alone.

Last year in Arizona, when the heavily-favoured New England Patriots were supposed to shred the New York Giants in the 42nd Super Bowl, scalpers exploited overwhelming fan interest and sold tickets for beyond \$10,000 apiece. This week, I'm told, you can buy the

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Cameron joins premier's office

Kevin Cameron, a former business consultant who was once president of the Halifax Mooseheads, has been appointed Premier Rodney MacDonald's deputy chief of staff. Cameron most recently spent 18 months as senior policy advisor with the Economic Development Department. METRO NEWS SERVICES

Monast comes into his own in Quebec

MATTHEW WUEST
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When Guillaume Monast was 18, he thought his hockey career was over. Two years later, it's just beginning.

Monast, now 20, turned his career around two seasons ago when he went from a spare part with the Val-d'Or Foreurs to No. 2 defenceman with the Halifax Mooseheads after being traded for star goaltender Jeremy Dufresne.

"I thought my career was over in Val-d'Or, and when I got traded for Dufresne, I said, 'Oh my God, do they know who they traded him for?'" Monast recalled. "But when I first got to Halifax, I realized I could play in the league."

The Longueuil, Que., native is now with the Quebec Remparts after being dealt in the off-season as part of the Mooseheads'

NHL contracts

07/08 Moose who are signed

- x-Jakub Voracek, CBJ
- Logan MacMillan, ANA
- Ryan Hillier, NYR
- Andrew Bodnarchuk, BOS
- Brad Marchand, BOS
- Guillaume Monast, DAL

x-denotes currently in NHL

trade for Brad Marchand. But Monast took a major step forward in September, when he tried out for the Dallas Stars and played his way into a three-year NHL contract.

"I went with no expectations, but every game went better and better," said Monast, who played in an eight-team prospects tournament in Traverse City, Mich., before being invited to Dallas's main training camp.

"I couldn't believe it. My style of play was fitting into the NHL style, and I ended up getting a contract."

It was a huge accomplishment for Monast, who was never drafted or even talked about as an NHL prospect.

"It was a dream come true," Monast said. "Every day at camp, I was like, 'Oh my God, is this a dream?'"

The Stars don't have their own American Hockey League affiliate, so it made more sense for them to send Monast back to the QMJHL to play for the Remparts.

He pairs with rugged Kevin Marshall on the team's No. 1 defence unit and has four goals, 21 assists and a plus-22 rating in 45 games.

This counts as a year of his contract. Next year,



Former Moosehead Guillaume Monast was traded to the Quebec Remparts in the Brad Marchand deal.

he's expected to join the Stars' new AHL team in Austin, Tex.

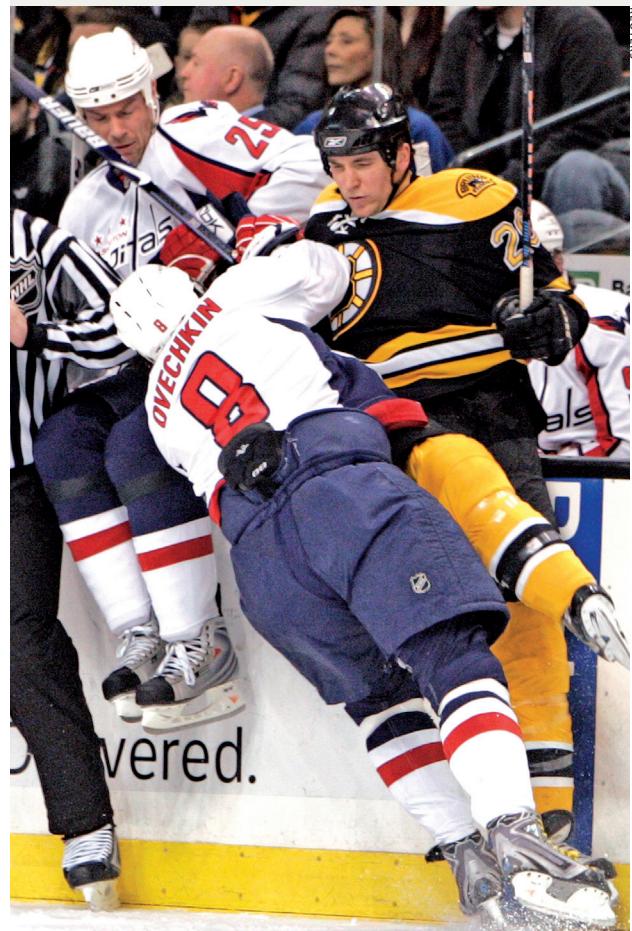
"In two years, I'll know

if I'm ready to do the big jump and really know if I can be a pro hockey player for life," Monast said.

"This is what I want to do, but this is a big test.

"I really want this to go well."

NHL Ovechkin hurt, comes back



Alex Ovechkin of the Capitals checks Boston's Blake Wheeler last night. Ovechkin would later leave the game after hitting the boards awkwardly, but would return.

Stienburg enjoys his return to Huskies' bench

MATTHEW WUEST
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Trevor Stienburg is back behind the Saint Mary's Huskies' men's hockey bench and says he couldn't be happier. His players, however, might need some convincing.

"It probably doesn't show to them, because I'm always yelling and screaming at them, but I don't know any other life than going to the rink every day," said Stienburg, who sat out the first half of the season because of health problems.

"When you have that taken away from you, it's pretty demoralizing. Being back is awesome."

Stienburg was stuck in a hospital room for the first half of the season because of a series of ailments: pancreatitis, a stomach infection and a perforated bowel.

The two-time national coach of the year has slow-

ly recovered, and says he's back to about 65 to 70 per cent from a strength and endurance perspective.

But he admits that road trips are tiring and take a lot out of him. After one visit to Acadia in Wolfville, he got sick and was forced to miss a game.

But he says he relies heavily on assistant coaches Paddy Flynn and Doug Doull, just as he has in the past.

"I'm approaching it like I'm the head coach, but we've always done it more like a committee," Stienburg said.

"Doug and Paddy still do the bulk of it and I chip in my two cents."

• Huskies forwards Marc Rancourt and Cam Fergus are engaged in a head-to-head battle for the Atlantic University Sport scoring title.

Rancourt has the edge,

with 45 points in 22 games, but Fergus isn't far behind with 43 points in 22 games.

The Huskies' league-leading power play (29.5 per cent) has helped them pile up a good chunk of those points.

"The team's reaping the benefits of those guys," Stienburg said.

• The AUS decided yesterday to lengthen the semifinals from a best-of-three to a best-of-five, while at the same time shorten the final from a best-of-five to a best-of-three.

The AUS has two berths in the Canadian Interuniversity Sport championship in Thunder Bay, Ont., meaning both finalists will be assured a spot at nationals.

"Let's make sure the best two teams go to nationals," Stienburg said.

"This is the best way to do that. There's no reason to draw out the final when both teams are going to nationals."

Hall inductions Saturday

FOOTBALL Football Nova Scotia's new Hall of Fame will welcome 16 members on Saturday at the Delta Halifax. Bruce Beaton (athlete), Larry Uteck (coach), Ken Gultz (official) and Rick Rivers (builder) form the inaugural induction class. That quartet will be joined by 12 builders or athletes already inducted into the Nova Scotia Hall of Fame. Halifax's Tyrone Williams, who won two Super Bowls with the Dallas Cowboys in the 1990s, is in that group. The induction dinner begins at 7 p.m. METRO NEWS SERVICES

Sports in brief

QMJHL Halifax Mooseheads rookie goaltender Mathieu Corbeil was named his team's recipient of the QMJHL scholastic player of the month for December. Halifax native Alexi Pianosi was named the Victoriaville Tigres' recipient.

SOCER Bedford's Ante Jazic has signed with Major League Soccer's Chivas USA. The squad acquired the veteran defender's rights last week in a trade with the Los Angeles Galaxy, where Jazic played the past three seasons.

HOCKEY The Halifax Lions stunned the Pictou County Weeks Crushers last night, snapping a 12-game losing streak and earning a 3-2 victory in Maritime Junior A Hockey League play at the Forum.

METRO NEWS SERVICES

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Moncton	36 7 5 77
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Bathurst	17 23 10 44
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Quebec	38 9 3 79
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Chicoutimi	16 23 8 40
Baie-Comeau	15 27 7 37

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HALIFAX	at Rouyn-Noranda, 8

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Metro Drive

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Think beyond family car

Canadian, American inspirations behind Toyota Venza

JIM ROBINSON
for Metro Canada

Toyota calls the 2009 Venza the most North American car it has ever built.

And in the next breath officials also call it one of the most important cars in the company's history.

Well, when you already have Corolla, Camry and Matrix, then a lot has to be riding on this next vehicle.

At the launch of the 2009 Venza in the hills of Pennsylvania, Toyota opened the presentation by declaring the Venza as a whole new kind of family car that isn't really a family car. It's hard to put a label on Venza. It blurs the line between station wagon, crossover and luxury car. About the closest thing to it in concept is the Mercedes-Benz R-Class. With a price said to start at under \$30,000, I guess you could think of it as R-Class light.

This is the first Toyota vehicle specifically aimed at North Americans, designed



Toyota says the 2009 Venza will be available with a four-cylinder or V6 engine and front- or all-wheel-drive starting at "under \$30,000."

in California and built in Kentucky. Canadians were the inspiration for the side rocker panels that are covered by the door panel to keep out slush and snow. Because the rockers are at nearly the level of the floor, there is no step over to get in. So when you get in and out in the winter, and your

pant legs brush the sill, they won't get wet or muddy.

With a length of 4.8 m, the wheelbase is a full 2,775 mm larger, which makes for sizeable passenger volume. To lower the roof as much as possible while retaining enough headroom for stadium-style second row seating, Toyota stylists

came up with the clever idea of minimizing gaps.

The bonus is Venza looks very slick. By adding in 19- and 20-inch alloy wheels on the four-cylinder and V6 models respectively, the Venza comes across as a concept car that made it to the street.

The interior is outstanding

Taking Dakar on diesel

Volkswagen has become the first automobile manufacturer to win the Dakar Rally with a diesel-powered vehicle, with its Race Touareg TDIs taking first and second place, Canadian Driver reports. The prestigious endurance race took place in Argentina and Chile.

METRO MEWS SERVICES



These are the centre stack controls for the 2009 Venza. Note the cupholder that slides back and forward.

2009 Toyota Venza

Type: Five-passenger wagon
Price: Not available
Engine: 2.7-litre, four-cylinder, 16-valve DOHC; 3.5-litre DOHC V6
HP: 182-268

Highlights

- Slick looks
- Lots of room

in its little details. There is a power point on the transmission wall with a cubbie just below for the front passenger. The 60/40 rear seat has a one-touch fold-down lever. That is in addition to remote back seat releases grafted into each rear cargo wall. The back seats recline for extra comfort.

Another thing I found was a character line across the dash running into each front door where it then widens and creates a recess that is also an armrest.

Fuel numbers for the four-cylinder FWD are

10.0/6.8/8.5L/100 km city/highway/combined respectively. For the AWD, they are: 10.2/7.1/8.8L/100 km. For the V6 FWD/AWD they are 11.0/7.6/9.5L/100 km and 11.5/7.9/9.9L/100 km city/highway/combined.

It looks like in trying to create the next generation North American car, Toyota has sensed an emerging trend and is ready to move on it.

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Saved by auto brakes? Thank your lucky lasers

AutoPilot



**Michael
Goetz**

Veteran auto journalist

The last time I was so impressed with lasers it was 1977, and the Blue Oyster Cult were on stage at the Kitchener-Waterloo Auditorium. We heard their laser show was legendary,

but to see it in person, and under such loud circumstances, was, well, heavy man. It made my centre-parted hair stand on end.

Fast forward to October 2008 and I'm driving a 2010 Volvo XC60, at its world launch in Valencia, Spain. One of Volvo's safety engineers is in the passenger seat going over the drill: maintain a speed of 25 km/hr; drive straight into that big balloon (which is shaped like a car); don't touch the brakes.

It's a weird feeling to intentionally drive straight into an object, however fluffy it might look. But I manage to not brake and with the backside of the balloon car looming large, some brain inside the XC60 suddenly brakes for me. The XC60 stutters to an ABS-enabled stop. No damage to persons or property.

Sometimes it's hard to get excited about safety (hey Bob, come over and check out this thing's crumple zone!), but this system is pretty cool. Volvo calls it City Safety, and it is their response to two surprising statistics: 75 per cent of all re-

ported collisions take place at speeds up to 30 km/hr; in 50 per cent of those collisions, the driver does not brake at all, mainly because he or she is distracted.

A laser sensor integrated into the windshield (near the rear-view mirror), detects vehicles and other objects up to 10 metres in front of the XC60's front bumper. The system does loads of math to see if there will be an impact if the driver continues to be MIA. At that point, it will do what it did during our simulated adventure: Engage the brakes,

shut down the throttle, flash the brake lights.

Even if it can't avoid a collision, it will do its thing to reduce the force of the collision.

Insurance companies are super interested in City Safety, for obvious reasons, and are planning to offer discounts to XC60 owners.

As good as this thing is, it's obviously not supposed to relieve the driver of his or her responsibility for maintaining a safe distance — or for staying focused on the task at hand. That goes for the passengers too; in

my books there's nothing like a good front-seat screamer to keep the driver honest.

That said, Volvo engineers called this new crossover, "probably the safest car in the world ... for sure the safest Volvo we've ever built."

They have lasers to thank for much of that, and I'm not surprised. Those darn things are so versatile.

Michael Goetz has been writing about cars and editing automotive publications for more than 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.

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Top presidential retreats

AskMen.com's list of the top 10 U.S. presidential retreats is, unsurprisingly, led by Camp David in Maryland and the Kennedy Compound in Massachusetts; other spots include the Little White House in Key West, Fla.; Lyndon Johnson's Texas ranch; and the Reagan family's Rancho del Cielo near Santa Barbara, Calif. **REUTERS**

Travel



Family ski deal

Fairmont Hot Springs Resort in Fairmont, B.C. has launched a Family Learn to Ski Package that combines ski lessons, a snowshoe chocolate fondue, soaking in its natural mineral hot springs and more. The package is suited to a family of four (two adults and two youth or children) that's new to skiing or boarding and wants to enjoy a worry-free learning experience. Visit fairmonthotsprings.com.

METRO NEWS SERVICES

TRAVELDESK@METRONEWS.CA

Underwater in Mauritius

Explore and enjoy the blue waters around this island nation

EMMA E. FORREST
Metro World News

It's not every day that you find yourself piloting a scooter through the corals of the southwestern Indian Ocean. However, this is exactly how I made my first exploration of the azure blue waters of Mauritius — on what claims to be the world's only underwater "sub-scooter" safari.

While scooter and rider are submerged three metres under the surface, a transparent dome over your head is pumped with air so you can breathe normally and chat with your co-driver as you navigate through shoals of brightly-coloured fish. (blue-safari.com, based in the resort of Grand Baie, \$183 per couple).

Of course, this is just one way of enjoying the bathwater-warm ocean around this exquisite volcanic island. Mauritius is famous for long stretches of soft white sandy beaches, as



An underwater "sub-scooter" safari is one way to explore the azure blue, bathwater-warm waters around the exquisite volcanic island of Mauritius.

well as the ring of coral reef around it that creates protected lagoons full of exotic fish.

Should you get bored of sunbathing, you can wade into the water with a snorkel. You can usually see plenty of underwater activity within a few metres of the shore, and most hotels offer snorkelling trips where they'll take you to the most fish-crowded areas of the reef. If you're keen to see more, diving is spectacular here.

If you prefer to be on top of the water, there's surfing, kayaking, pedalo, sailing and even kite surfing, popular with a hip crowd on the western coast.

Another must is deep-sea fishing. Mauritius is one of the best places in the world to fish for marlin, a large and imposing dark

On the web

- mauritius.net

blue fish with a pointed nose. Take a trip with JP Henry Charters, a family-run operation based at the Le Morne Angler's Club on the western coast, and they'll send you out with local skippers who will take you to the best fishing spots, sailing past groups of curious dolphins.

They'll ensure that even amateurs hook a share of silver bonito and perhaps a bright yellow dorado, before you are strapped into the chair to put up a fight with a big one. Henry encourages a release policy. (blackriver-mauritius.com, from \$565 for six people).

With most watersports available at your hotel, its



no wonder many visitors to Mauritius never leave the grounds. In fact, with luxurious beachfront hotels, gourmet restaurants, spas and limitless activities, along with fabulous weather and hospitality, it's no wonder people come here for their honeymoons and never see the rest of the country.

If you go ...

Where to stay

- Tamassa, the four star hotel with friendly staff and uplifting, chic rooms, and all the facilities you might need — pretty beach, spa, watersports, swimming pools, several restaurants, nightclub, bar with live shows (naiade.com).

How to get there

- Air Mauritius planes with their uplifting orange and lime green colour scheme, fly

from most destinations into Mauritius main airport at Plaisance (airmauritius.com).

Getting around

- hire a car or have a friendly experienced guide from Mauritours show you around (mauritours.net).

Currency

- \$1 = 26 Mauritius Rupees

Language

- English and French

METRO WORLD NEWS

ers, bringing with them first slaves from Africa, then Indian and Chinese labourers.

The country became independent in 1968 and remains a stable, prosperous and highly literate nation, with a lively and harmonious mix of cultures and religions.



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Everything but the turbulence

Taipei diner is modelled after a giant Airbus A380

Imagine boarding a plane without security checks or tickets and then being offered more than just fish or chicken for dinner.

Set in a dull commercial building in central Taipei, the A380 In-Flight Kitchen looks and functions like an airline in many ways, expect that it serves a regular restaurant menu of Western food, sometimes in plastic trays.

Since November, the restaurant has been packing in wannabe passengers, who sit in soft speckled blue seats with headrests covered in white napkins and under oval-shaped windows. Locked white baggage compartments hang overhead.

Waitresses dressed as flight attendants take meal orders for filet mignon or waffles, as well as the customary fish and chicken. Staff say "welcome aboard" to customers and issue boarding passes to those who must wait for a table.

Of the 84 seats, 20 are "first class" or set aside for groups with advanced bookings, and the place is often overbooked, said business operations manager Emily Lu.

"There are customers who come in and say 'is this real airline food? Airline food doesn't taste good,'" Lu said, adding that they had turned a profit.

The restaurant, in Taipei's university quarter, opened after owner Yang Mao-hui figured that he could ride some of the Airbus A380's recent fame in the aviation industry by offering a simulated experience, Lu said.

The diner decor cost



Waitresses dressed as flight attendants serve customers inside the A380 In-flight Kitchen, a restaurant in Taipei named after the giant Airbus airliner.



Customers eat inside the A380 In-flight Kitchen.

about \$7 million (\$209,000), she added.

"The kids like flying, so coming here gives them that experience," said regular customer Wu Shuhua, 44.

"It looks exactly like an airplane, but the food should be a bit more extensive here," added first-time lunch customer Vivian Mo, 14, who had just ordered a soup and salad.

The Airbus A380, billed as the most spacious passenger aircraft in the world, began flying commercially in October 2007. Airbus has no actual stake in the restaurant, Lu said.

Taiwan has a smorgasboard of theme diners, including one modelled after a hospital ward, one that holds puppet shows and two that seat customers on toilet bowls.

NICKY LOH/REUTERS

'stlyin! Congratulations to Fireworks Gallery Barrington St

for being chosen Metro's Koolest Jewelry Store, as voted by Metro readers and Kool96.5 FM listeners.

Tune in next month to find out the next category of the best Halifax has to Offer!



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Play a few rounds in Florida

Scratch golfers and hackers alike will ace their next Florida golf outing with help from golf.visitflorida.com, a new site that pulls together information from public, private, semi-private and resort courses across the state. VISITFLORIDA.COM

Sampling a surprising snack

A traveller who makes a point of eating local delicacies may have finally found her limit

TheTravelJunkie



Julia Dimon

metronews.ca/traveljunkie

Balut is a nutrient-rich snack, an exotic delicacy and a challenge that could unsettle even the most daring of Fear Factor contestants.

It's a dish widely enjoyed in the Philippines and other parts of South East Asia and at first glance, it seems a lot like a hard-boiled egg. The only difference is that when you inspect the contents, you find the yolk is actually an 18-day-old fertilized duck embryo.

Balut has been described as a snack that's as common in Filipino culture as hot dogs are in the U.S. It's most commonly eaten in the early evening with lots of salt and a nice cold beer.

On the streets of Manila, you'll find vendors on every corner selling warm eggs to hungry passersby. Just crack the egg open, peel the shell and add a pinch of sodium. Some eat the snack with a fork, though the usual way to scarf it down is with your bare hands.

Balut is valued as a good calcium hit, a cheap source of protein and a potent aphrodisiac. Countless people also love the taste, but to the uninitiated, the experience can seem not so much gourmet as just plain gross.

The U.S.-based satirical site Cracked.com voted ba-



Andy Concio, owner of a balut factory just outside of Manila, poses with bottles of preserved balut.

lut one of the "most terrifying foods in the world," and relates that balut is enjoyed in Cambodia, the Philippines and the fifth and seventh levels of hell.

When travelling, I like to keep an open mind and eat as the locals do, even if that means taking culinary challenges to the extreme. So I head to Pateros — a district 20 minutes outside of central Manila that's known as the balut capital of the Philippines — to try the thing for myself.

I visit a locally-owned balut factory where they process about 80,000 eggs a week. Half are sold as balut and the other half as salted eggs.

The owner, Andy Concio, takes me through the factory and explains that thousands of eggs are incubated in wooden chambers and heated at just the right temperature. The process of fertilization is regularly monitored using a device that looks like a pinhole camera.

He puts an egg under the light of a naked bulb and inspects it carefully. "The dark shape sloshing around in the egg means the embryo is forming," he

says. "If the light doesn't show the veiny liquid, the egg is infertile and cannot be used for balut."

Concio claims to be the first to preserve the product and export it as a non-perishable food item. His main customers are Filipino migrant workers living and working in Dubai, but his base is growing.

He plans to ship the product to the U.S., making it available to millions of South Asian ex-pats who miss their salty snack.

So what does balut taste like? I pick at an eggshell, then take a shot of the fluid inside. The liquid is warm and tastes like green tea. But the rest of the contents aren't so soothing. They remind me of dry, mealy turkey, the sort that's been hanging around much too long after Thanksgiving dinner.

I'm happy I tried balut — and plan to keep sampling local dishes wherever I go — but I still feel a bit tongue-traumatized. And I may never be able to look at an egg the same way again.

Julia Dimon is co-host of Word Travels, airing Sundays at 9:30 p.m. on OLN; juliadimon.com.

Word Travels

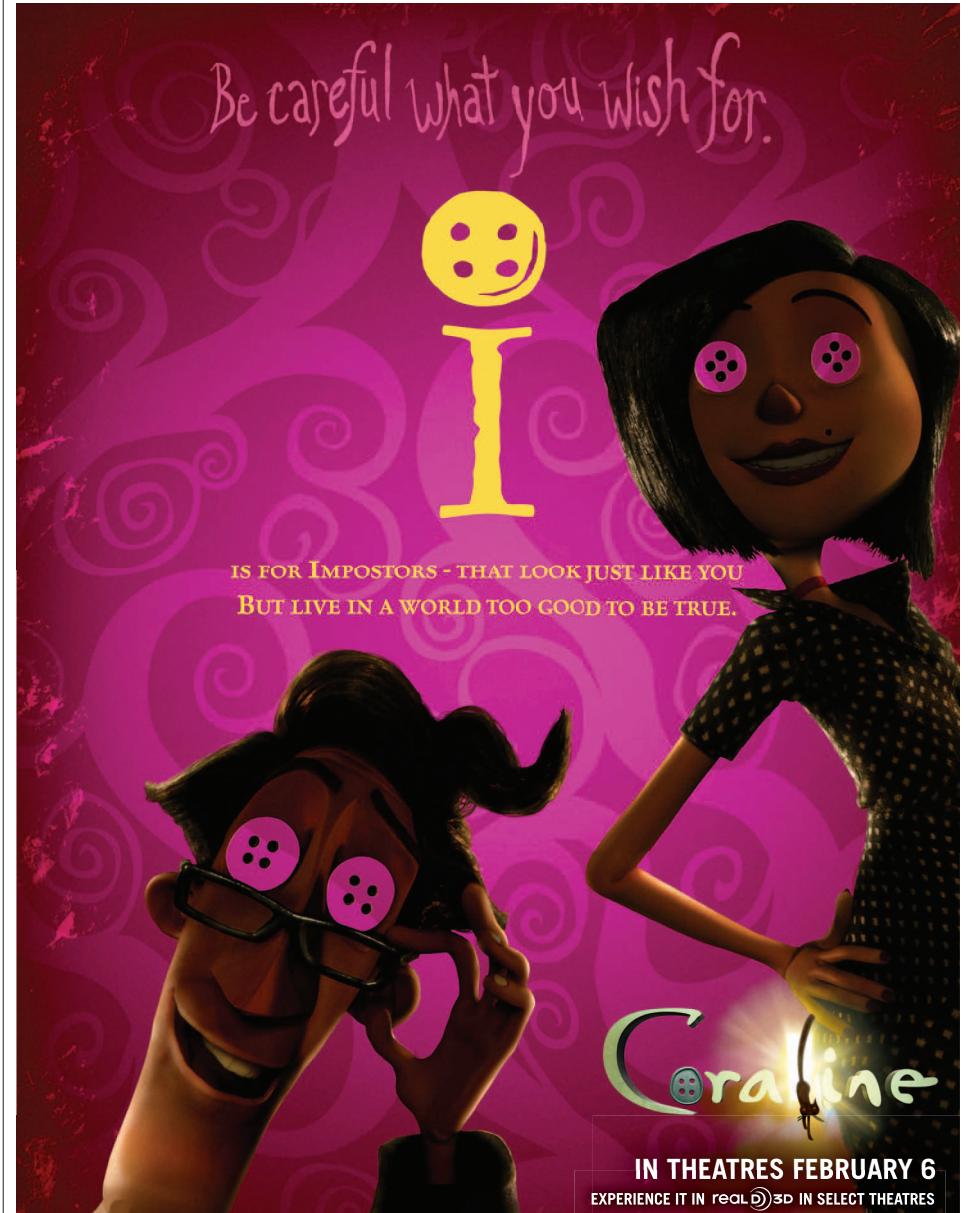
- Catch the second season of Word Travels, a documentary series on the adventures of travel writers Julia Dimon and Robin Esrock. It airs Sundays at 9:30 p.m. on OLN.

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AWARD WINNING AIRLINE

Paul McCartney is going to headline a concert to raise money for yogic flying. Film director David Lynch is organizing the benefit in New York on April 4 — which will also star Moby, Sheryl Crow, and Eddie Vedder — and is determined to raise money to teach the technique to school children. FEMALETFIRST.CO.UK

Entertainment

EDITOR: DEAN LISK, DEAN.LISK@METRONEWS.CA

Milk among GLAAD nominees

AWARDS Best picture Oscar nominee Milk picked up another award nod yesterday as the Gay & Lesbian Alliance Against Defamation announced nominations for its 20th annual GLAAD Media Awards.

Milk, from Focus Features, the specialty division of Universal Pictures, was included in GLAAD's outstanding film in wide release category. It will compete with Miramax's Brideshead Revisited, Columbia's Nick and Norah's Infinite Playlist, Warner Bros.' RocknRolla and the Weinstein Co.'s Vicky Cristina Barcelona.

The nominees for outstanding television drama series are ABC's Brothers & Sisters, Showtime's The L Word, The N's South of Nowhere, BBC America's Torchwood and HBO's True Blood.

REUTERS

Runway blunder

RAFAEL BRUSILOW
for Metro Canada



Camille Prins went on Project Runway Canada to follow her design dreams, but a frumpy camouflage dress got her sent home in this season's first episode.

On the season premiere last night, designers were tasked with creating a winning dress — using camouflage material — to be displayed in the Canadian War Museum.

Prins, a 28-year-old Toronto native, tried to capture the spirit of a jungle vixen with her dress but the judges felt it just made the model look dirty and unkempt. One judge said it was actually painful to look at, sealing Prins' fate.

On the show, Prins said

her most powerful asset was her positivity and she remains true to form despite being ousted first.

"The show was actually a really fun, positive experience. I feel like it has already opened a lot of doors. If I could I would do it again," Prins said.

Prins had only kind words for the other designers and says most of them bonded because of similar goals and personalities.

Previously, two contestants voluntarily withdrew from the competition in dramatic exits due to health issues. Jaclyn Murray, 26, from Winnipeg, Man., suffered an anxiety attack during the first challenge and had to be hospitalized, choosing to withdraw shortly thereafter.

Danio Frangella, 33, from LaSalle, Ont., left the show

after developing painful skin ulcers, a side-effect from a bout with cancer.

For Prins, the experience of being on the show was a lot tamer and a lot less intimidating than she had expected.

"I expected it to be a hundred times crazier. Even when I was sleeping I was expecting a camera crew to rush in. But you're too busy to even notice that the cameras are there," she said.

Prins says she has wanted to be involved with the show since the first season, so being on the show was a dream come true.

Now that she's off the show Prins will go back to running her Dutch Blonde women's clothing line (dutchblonde.ca) and she hopes to branch out into menswear and children's



New Heights

Jennifer Lopez is reported to be starring in a Broadway musical. The singer-and-actress is considering a role in the New York theatre production of *In the Heights*.

FEMALETFIRST.CO.UK



GLOBAL TELEVISION PHOTO

Camille Prins, right, was sent home on Project Runway Canada last night. The judges didn't like her camouflage dress, left.

apparel soon.

While Prins' experience on Project Runway Canada was a positive one, she says it's hard not to feel dis-

pointed. "I was really looking forward to doing some more of the challenges just to push myself to see what I could do."

critics' corner

Too Posh to Wash

Jeans pockets should hold handkerchiefs, not substitute for them. Tell that to the 23-year-old subject of this new episode. Using her jeans as tissues is the least of her hygiene problems; she also still has the glue on her teeth from the braces she ripped off more than a year ago — which is also the last time she wore a clean bra. Kim Woodburn and Aggie MacKenzie swoop in with microbiologist Derren Ready to give this young woman a wake-up call. 10:30 PM on W



Duff, Zegers could play Bonnie, Clyde

MOVIES The saga of Bonnie and Clyde is headed for another film telling, with Hilary Duff and Kevin Zegers in negotiations to play the infamous bank robbers.

Bonnie Parker and Clyde Barrow were Depression-era lovers and outlaws whose exploits captured the public's imagination. Their story has hit the big screen before, with 1967's *Bonnie and Clyde*, starring Warren Beatty and Faye Dunaway, considered a classic.

REUTERS

In brief

REDUX ABC is flashing the V sign. The network has ordered a pilot for a reimagining of the 1980s miniseries about an alien invasion. The new V will centre on a female Homeland Security agent.

REUTERS

GlobalStyle

Kenya Hunt

Exclusive at metronews.ca/globalstyle

 See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
1/28/09 primetime	31	31	31	ABC	News (N)	ABC Wld News	Inside Edition	Chronicle	Lost "The Lie"	Lost "Jughead" (N)	Life on Mars	
	7	7	7	ASN	The Road to Avonlea	Instant Star	TMZ (N)	Lost "The Lie"	Lost "Jughead" (N)	Law & Order		
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	The Week the Women Went	CBC News: the fifth estate	CBC News: The National	The Hour		
	2	2	2	CBC-F	Terre humaine	Pyramide (SC)	Virginie (SC)	L'Épicerie	Le Match des étoiles (SC)	Les Invincibles (SC)	Le Téléjournal	
	32	32	32	CBS	News (N)	Evening News	The Insider (N)	Entertainment	Evening News	Old Christine	Criminal Minds "Lo-Fi"	CSI: NY
	69	69	69	CFTM	TVA 18 heures	Le Cercle (SC)	Poule-oeufs or	Sketch Show	Destinées "Poker Face" (SC)	Dommages et intérêts	TVA 22 heures	
	6	6	6	CIHF	Entertainment	ET Canada	(8:02) Life on Mars	House "97 Seconds"	House "97 Seconds"	Lie to Me (HDTV) (N)	News (N)	
	9	9	9	CJCH	etalk	Hollywood	CSI: NY "Veritas" (HDTV)	American Idol (HDTV) (N)	American Idol (HDTV) (N)	Criminal Minds "Lo-Fi"	News (N)	
	10	10	10	ELTV	Swap Shop (Live)	Fuelin' Around	Au Natural (N)	Doc Talk	Fuelin' Around	EastLink Television		
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	American Idol (HDTV) (N)	Lie to Me (HDTV) (N)	Fox First	
news	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	Knight Rider (HDTV) (N)	Law & Order: SVU	Law & Order	
	29	29	29	NW	World News	Business	CBC News	Newman	The Hour	CBC News: The National	Jelly Fish	
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Greater Boston	Ask This Old	Make 'em Laugh: The Funny Business of America (N)	Make 'em Laugh: The Funny Business of America (N)	Make-Laugh		
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Make 'em Laugh: The Funny Business of America (N)	Make 'em Laugh: The Funny Business of America (N)	Make-Laugh		
	68	68	68	TQS	(6:30) Le Retour (SC)	450 chemin	Rire et dérire	Wipeout (SC)	Bob Gratton	Bob Gratton	110 pour cent	
	23	96	96	BNN	Business News	Headline	Market Call	Commodities	Workopolis TV	Business News	Squeeze Play	Market Call
	18	18	18	CNN	(5) The Situation Room	Lou Dobbs Tonight		Campbell Brown: No Bias	Larry King Live	Larry King Live	Cooper 360	
	54	54	54	GOLF	Golf Central	Top 10	The Golf Fix	Lessons	19th Hole (N)	Top 10	60 in 30	Hole in One
	52	52	52	RSE	Prime Time Sports	World Sport	UFC Primetime	Ultimate Fighting Championship 74: Respect				FBR Open
	55	55	55	SCOR	University Basketball Ottawa at Carleton. (Live)			Women's University Basketball Ottawa at Carleton. (Live)				Sportsnet Con.
sports	45	45	45	SPD	Unique Whips	NASCAR Pre.	Pass Time (N)	Am. Thunder	Am. Thunder	Pinks (HDTV)	Pinks Outtakes	Score Update
	53	53	53	TSN	Off the Record	SportsCentre	That's Hockey!	NHL Pregame	NHL Hockey Buffalo Sabres at Calgary Flames. (HDTV) (Live)			Wrecked
	43	43	43	FAM	Zoey 101	Life Derek	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Ned's School
	44	44	44	TOON	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	Misadventures	Futurama	The Critic
	26	26	26	TREE	Max & Ruby	Backyardigans	Wonder Pets	Nght Grdn	Friend Rabbit	Little Bear	Miss Spider	Comfy Couch
	27	27	27	YTV	Drake & Josh	iCarly	Adrenaline Proj	Prank Patrol	Malcolm-Mid.	Adrenaline	Prank Patrol	Falcon Beach
	16	16	16	A&E	Cold Case Files (HDTV)				Bounty Hunter	Bounty Hunter	Bounty Hunter	Parking Wars
	70	70	70	APTN	News	Canadian Geographic		Extreme Beats		APTN National News: Contact		Miywayawin
	50	50	50	BET	106 & Park: BET's Top 10 Live Top	10 countdown. (Live)		Soul Plane ★★ (2004, Comedy)	Kevin Hart, Tom Arnold.			Keyshia Cole
	37	37	37	BRVO	Street Legal		The Achievers	Landscape	Bravo!Videos	Wingfield	Death at-Opera	
cable variety	25	25	25	CMT	Project Dad	Project Dad	CMT's Greatest	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith
	49	49	49	COM	Laughs	Comedy Now	Air Farce	Just for Laughs	Corner Gas	The Simpsons	South Park	Jon Dore Show
	153	153	153	COURT	A Struggle for Justice		World's Wildest Police Videos	Cops Uncut	Dumb Criminal	Declassified "Lindbergh"		Police Videos
	38	38	38	DISC	How It's Made	How It's Made	Daily Planet (N)	Dirty Jobs	Deadliest Catch			Mayday
	34	48	48	HGTV	Holmes on Homes		House Hunters	Property Virgin	Mansions	Property Virgin	Unsellable	Hid Potential
	46	46	46	HIST	Gladiator Graveyard		NCIS		Cities of the Underworld	Gladiator Graveyard		NCIS
	17	17	17	MM	Born to Be	Born to Be	America's Best Dance Crew		Brooke Knows	Degrassi: TNG	Degrassi: TNG	Video on Trial
	19	19	19	MMM	MusicProfile	mmmtop10.com	MusicProfile	Where You At	Revival	Story Of Spice Girls.	All-Time 10	
	201	201	201	M1	Kardia (2006, Drama)	Mimi Kuzyk.	(8:25) Balls of Fury (2007, Comedy)			No Country for Old Men ★★★ (2007)		
	48	23	23	OLN	American Gladiators							
cable variety	51	51	51	PEACH	Seinfeld	Friends	House-Payne	House-Payne	Signs ★★★ (2002, Suspense)	Mel Gibson.	Steve Harvey	
	206	206	206	PIX	Harry and the Hendersons		(8:15) Dead Silence ★★ (1997, Suspense)			Gattaca ★★★ (1997, Science Fiction)		

The next generation of TV viewers: Old people

IntelleVision



Rick McGinnis

rick.mcginnis@metronews.ca

TIME TO PANIC: We've passed the midpoint of the traditional TV season, and while the networks can conceal their growing anxiety behind the smoke-screen of economic bad news, the fact is that things haven't gone well, and now is the last moment for fixing it.

We may finally see the emergence of a new consensus that young people — probably the most likely to see their disposable income evaporate if the economic downturn continues — aren't the holy grail of audiences anymore.

As long as the 18-49 demographic is still considered a mix of the football team, the cheerleading squad and the rich kid who lets you drive his BMW, there's no consolation to be had from news that three of the four U.S. networks have lost a considerable chunk of these viewers — a 12-per-cent drop from last year's numbers for ABC and NBC, and 14 per cent loss for Fox, according to a New York Times story.

Only CBS is weathering to demographic exodus, gaining in overall audience and only losing 3 per cent of the 18-49ers, but it has to

aren't the holy grail of audiences anymore.

It may already be happening. The Times piece notes that network strategies aren't looking that audacious — production teams with a proven track record are behind many of the new shows, many of which are spin-offs or forays into safe genres like procedurals.

CBS is preparing a spin-off of NCIS, NBC has put Greg Daniels and Michael Schur of The Office in charge of Amy Poehler's new sitcom, and is filling ER's soon-to-be-vacant slot with Southland, a cop show set in L.A., at least until Jay Leno can take over the space next season.

A few of you might already have noticed that ads for adult incontinence pads and cures for male urinary irregularities have migrated from cable and late night to prime time. Look for more of the same, until the day when some network realizes that enough of their viewers have memory issues for them to just run the same episode of CSI every night.

Rick McGinnis writes about music, movies, books and television, but not opera.

Ex-wrestler offers his 'fresh face' for superhero movie

Movie feature

CHRIS ALEXANDER
for Metro Canada

Forget Brad Pitt. Veto Viggo Mortensen. When it comes to who deserves the coveted role of beloved Marvel Comics icon The Mighty Thor, those pampered Hollywood fancy lads barely bang the hammer.

There is one man who thinks he is truly fit to wear the tights of the pulpified Norse God of Thunder — and that's Canadian actor James Preston Rogers.

Standing over six-foot-five with tree trunk biceps and long blond hair, Rogers (a former bouncer and WWE wrestler) wound his way into a life before the lens three years ago.

Since then he has been slowly making a name for himself in many high-profile pictures including a part in the Vikings vs. aliens cross-genre meltdown *Outlander*.

But it's his very public

campaign to assume the role of Thor in director Kenneth Branagh's upcoming — and uncast — adaptation that has seen him winning the hearts of counter-culture fans worldwide.

"Every day, this thing gathers more steam," said Rogers last week during a meet and greet at the Toronto Film College. "I just keep getting tons of e-mails, calls and media support. It's been pretty surreal."

When plans to launch a big screen version of the celebrated comic surfaced late last year, Rogers hit the Internet, directing fans to his IMDb page and starting a petition to plead with the powers that be at Marvel to cast him as Thor.

"For years people have said I look like Thor," says the physically intimidating, but soft-spoken, actor. "I saw this as my chance to show people what I can do."

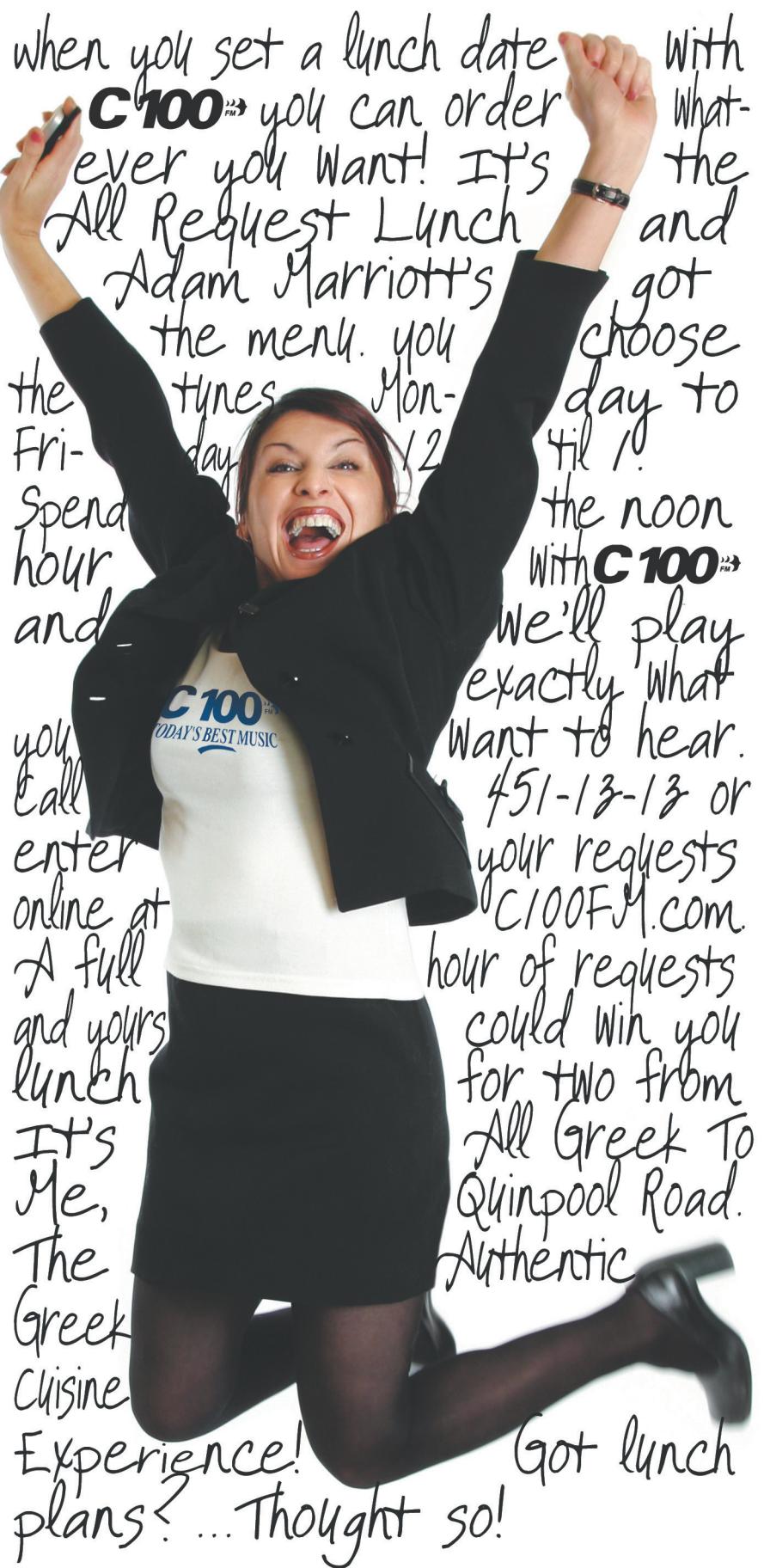
Roger's crusade is the rare case of an actor taking control of his career in the most public way imaginable. But although Rogers is



James Preston Rogers wants the role of Thor.

indeed a dead ringer for the Stan Lee/Steve Ditko designed hammer-wielding superhero, with heavy hitters like Pitt, Mortensen and even 300 gladiator Gerard Butler mentioned on the studio wish list, the odds are clearly stacked against him.

"I'm just a Canadian actor, chipping away at a living," Rogers says. "Of course, if Brad wants it, he'll take it. But I'm hoping Marvel will want a fresh face and if they do ... I'm it."



The All Request Lunch
weekdays on

C100 FM

TODAY'S BEST MUSIC





Spice Girl Geri Halliwell is engaged after a whirlwind romance, People magazine has confirmed. The redhead Ginger Spice, 36, is set to wed Italian yacht-company owner Fabrizio Politi, 34. PEOPLE.COM

Celebrity Buzz

Amy to visit prison in bid to keep hubby

MARRIAGE Amy Winehouse is set to visit her husband in prison in a bid to stop him from filing for divorce, femalefirst.co.uk reports.

The Rehab singer — who has been romantically linked with 21-year-old actor Josh Bowman and a fitness instructor named Andrew while holidaying in St. Lucia — has applied to see Blake Fielder-Civil and is set to return to the U.K. any day to save their marriage.

A friend of the 25-year-old star said that, "Since he began divorce proceedings Amy has decided she wants to try and work things out."

"She has applied to visit

him in jail in Britain and if he accepts she will fly back. We will see what his priority is. Amy or her money."

Blake — who is serving a 27-month sentence for perverting the course of justice and grievous bodily harm — is reportedly planning to ask for half of Winehouse's fortune in a divorce settlement.

Despite being photographed frolicking with Josh on her holiday and reports they frequently romped, Winehouse has insisted she "still loves" Blake.

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'Adopt me': Clooney

PEOPLE George Clooney has made an offer few can refuse: He has placed himself up for adoption, people.com reports.

"I always wanted to be adopted, but I couldn't find anyone," said the star, speaking at a Newseum event in Washington, D.C., with his father, former Ohio news anchor Nick Clooney, and veteran journalist Bill Small on either side of him.

"Will you adopt me?" George said to Small. "I'm very wealthy. I'll take care of

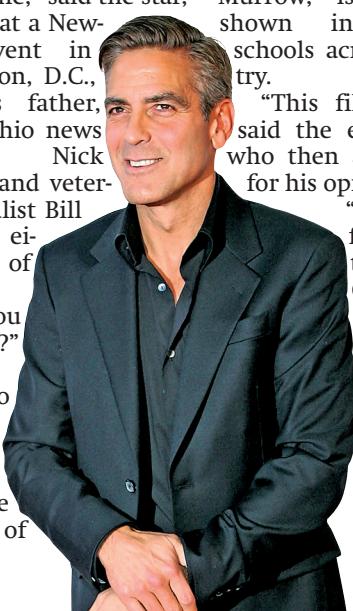
you."

Talk of adoption started after Nick Clooney's observation that his son's 2005 film, *Good Night, and Good Luck*, about iconic CBS newsman Edward R. Murrow, is now being shown in journalism schools across the country.

"This film has legs," said the elder Clooney, who then asked his son for his opinion.

"I don't care for that," said the jocular George — prompting Nick to respond: "I never cared for this kid — his sister's great."

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Angie and Brad to rent classy \$60 million US estate

COPULE What could make Angelina Jolie and Brad Pitt's upcoming rental of a \$60 million US estate in the Gold Coast area of New York's Long Island even more fabulous? How about throwing in the use of the property owner's \$90 million luxury yacht?

Star Magazine is reporting the Hollywood couple — and their six children — will be moving into the Sassafras estate in the exclusive waterfront town of Lloyd Neck, while Angelina begins area filming for the spy thriller *Salt* in March.

Owned by a billionaire Kuwaiti businessman, one of the 500 wealthiest people in the world, the 48-acre estate features a 22,000-square-foot, eight-bedroom, 12-bathroom Tudor-style main house, a separate six-bedroom guest house, an 11-bedroom staff house, two helipads and a private dock on Long Island Sound.

Bordered by the 1,500-acre Caumsett State Park sanctuary, the estate also boasts its own fallout shelter.

METRO NEWS SERVICES



Aniston's dating difficulty

RELATIONSHIP Jennifer Aniston finds dating difficult, femalefirst.co.uk

The former Friends star — who is divorced from Brad Pitt and currently in a relationship with John Mayer — says finding a partner is a struggle, even without the pressures of being famous.

"This film showed me that I'm happy I'm married. But I do like listening to boys when they are dating, and all the actors in the movie are very good. We have all these different archetypes — the one who's trying too hard and is a really nice guy but the girl doesn't like him anyway. Then there's the player who takes a girl under his wing."

METRO NEWS SERVICES



However when she does commit, Aniston says loves to surprise her boyfriends with romantic gestures. She added to TV show *Extra* that, "Being surprised is good. I took a boyfriend to a hotel for his birthday and brought a massage table and gave him a massage."

Unlike Aniston, her *He's Just Not That Into You* co-star Drew Barrymore is currently single but insists she enjoys looking for love.

METRO NEWS SERVICES

Stress source for Lilo's weight loss

PEOPLE Lindsay Lohan's shrinking frame has had folks worried lately, as the erratic actress has lost a noticeable amount of weight. But her publicist is working hard to explain all that. "Lindsay is aware that she's lost some weight due to stress," Lohan's rep tells *Hollywood*.

"But we recently did a photo shoot and she ate two full meals."

No word on what's causing all this stress, but her rocky relationship with Samantha Ronson can't be helping.

METRO NEWS SERVICES



Rourke's Wrestler injuries

PEOPLE Mickey Rourke had to be helped up stairs by his girlfriend after suffering so many injuries from *The Wrestler*, femalefirst.co.uk reports.

The 56-year-old actor — who recently won a Golden Globe Award for his role as Randy (The Ram) Robinson in the movie — wasn't prepared for the effects of the brutal fighting scenes

on his body.

"I had to try harder to get up in the morning. And because of my extra bulk, a football knee from high school acted up again. Two hundred years later! And my woman had to get behind me and push me up the stairs. I was pathetic looking," he said.

"So my knees wouldn't hold up, because of all the extra weight and the exercise. And all the injuries you get from being thrown down, you know?"

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Madonna, A-Rod reunite

PEOPLE Madonna and Yankees slugger Alex Rodriguez reportedly reunited recently in the Hamptons, but the Material Mom was too distracted to really enjoy it. The two spent some time at Jerry and Jessica Seinfeld's

East Hampton home, according to *Page Six*, but instead of a romantic getaway, Rodriguez got to listen to Madonna fume over leaked, untouched and unflattering photos of her from a recent shoot.

"Madonna called up the label screaming when the photos got out," a source said.

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— no one is ever that perfect."

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retouched

— no one is ever that perfect."

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retouched

— no one is ever that perfect."

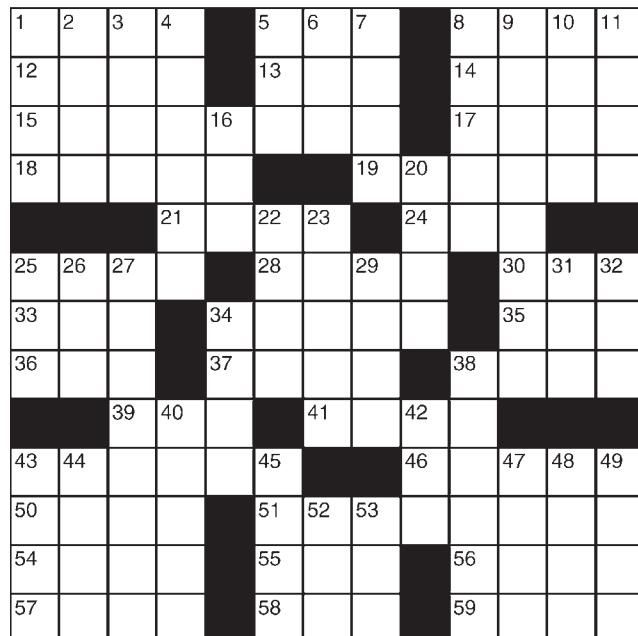
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Today
Flurries
60%
-7° / -9°Thursday
Showers
90%
9° / -10°Friday
Partly cloudy
0° / -6°

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Crossword across

1 Light-years away
5 Weep loudly
8 Vicinity
12 Theatre box
13 Crony
14 Rent
15 Lamb and eggplant recipe
17 Libertine's feeling
18 — au poivre
19 Explosions
21 Pinocchio, notably
24 Braying beast
25 George Herman Ruth
28 Campus hangout
30 Recede
33 Mess up
34 Fastidious

35 Have a bug
36 Ostrich's kin
37 Right on the map?
38 Zealots' group
39 "Casablanca" pianist
41 Apiece
43 Rigatoni and rotini
46 5-Down features
50 Double Stuf cookie
51 Subject of Frederick I
54 Pottery oven
55 — Town"
56 Notions holder
57 Relaxation
58 X rating?
59 Nitwit

Crossword down

1 Charitable gifts
2 Yard portion
3 Chills and fever
4 Auction, essentially
5 Masseur's workplace, maybe
6 Furniture wood
7 Spill the beans
8 Holdup man?
9 Philosopher Jean-Jacques
10 Formerly, formerly
11 Picnic invaders
16 Schuss
20 Gentlewoman
22 Blue hue
23 Charlotte — (dessert)
25 Spelling contest
26 Branch

27 NATO headquarters site
29 "The Thin Man" dog
31 Puppeteer Baird
32 Sandwich shop order
34 Damage assessment org.
38 Pursued
40 Expiate (for)
42 Couric's network
43 Prod
44 Met melody
45 Location
47 One of the Jackson 5
48 Truckload
49 Fit of peevishness
52 Wish otherwise
53 Coffee dispenser

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



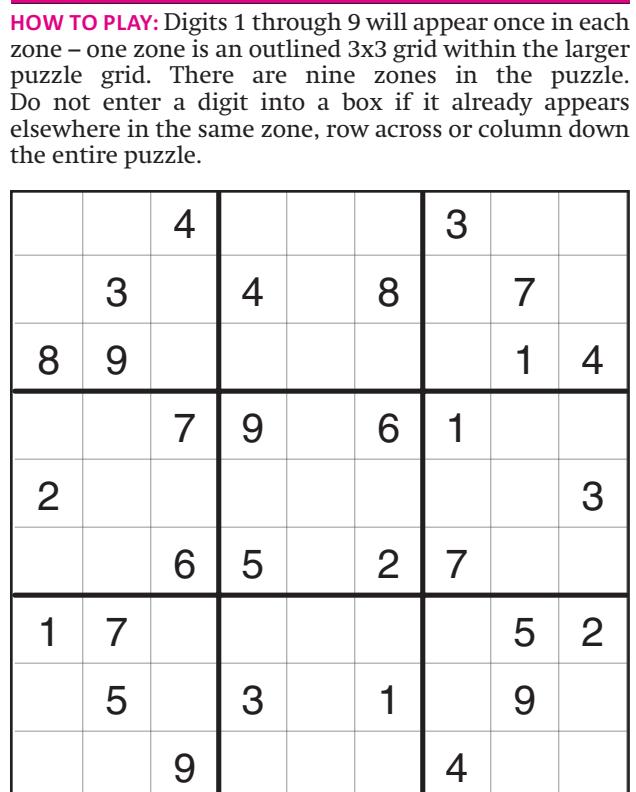
1	8	4	5	9	7	3	6	2
3	2	9	8	4	6	5	1	7
7	5	6	3	2	1	4	9	8
5	4	3	2	1	8	9	7	6
2	9	1	6	7	4	8	3	5
6	7	8	9	3	5	1	2	4
4	1	5	7	6	3	2	8	9
9	3	7	4	8	2	6	5	1
8	6	2	1	5	9	7	4	3

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

Under 13 min Genius
13-17 min Scholar
17-21 min Smart
21-25 min Not bad
25+ min Keep practising

Sudoku



Horoscopes

ARIES

MARCH 21-APRIL 20



TAURUS

APRIL 21-MAY 21



Fate takes a hand and delayed money arrives. A man wants to run away due to lost trust. You'd be happier somewhere else.

LIBRA

SEPT 23-OCT 23



Your patience is rewarded by a forceful person. A traveller will convince you that he's right. Friendly actions will become an issue.

SCORPIO

OCT 24-NOV 22



A timid person is playing a waiting game. Try to have reasonable expectations of distant friends. Behave reasonably to obtain more freedom.

GEMINI

MAY 22-JUNE 21



Give yourself a fresh start. Hurt feelings will erupt temporarily. If someone sees you as a hero, try to live up to it.

SAGITTARIUS

NOV 23-DEC 21



An incredible interruption comes up after lunch. An old man is excited about a mystery romance. You'll find a tempting bargain.

CANCER

JUNE 22-JULY 22



A meeting has nothing to do with you. Somebody with a deceptive smile should be avoided. You can tell that something has failed.

CAPRICORN

DEC 22-JAN 20



Doors will open after an emotional predicament. Some people are in a foul mood. A notorious man requests your help, but you'll refuse.

LEO

JULY 23-AUG 23



It'll be great if you can take a different approach. Bravado is important when you're avoiding a call. Stay away from scandalous actions all day.

AQUARIUS

JAN 21-FEB 18



Hammer home your point with a very light touch. You'll enjoy someone's amusing discussion. A generous man will be your lucky charm.

VIRGO

AUG 24-SEPT 22



A friend may be loyal but is also indiscreet. A habitual favourbeggar regrets a previous request. A second chance can come at night.

PISCES

FEB 19-MARCH 20



Coffee shop talk leads to deception in a company. A polite person is making amends. An unpleasant creature can be dealt with by a friend.

WORDY GURDY

BY TRICKY RICKY KANE

- Eisenhower's Dutch embankments (1)
- Chimney dirt on a leg end (1)
- Identical moniker (1)
- Low-in-fat king's wife (1)
- Picasso's countrymen disappear (2)
- At-bat player's shaky nerves (2)
- Vote-seeking game plan bubbly (2)

1. SPACES DICES 2. FOOT SOOT 3. SAME NAME 4. LEAN QUEEN 5. ANSWERS 6. SPACES VANSH 7. HITTERS JITTERS 8. CAMPAGN CHAMPAGNE 9. SPACES DICES 10. LEAN QUEEN 11. SPACES VANSH 12. SPACES DICES 13. SPACES VANSH 14. SPACES DICES 15. SPACES DICES 16. SPACES DICES 17. SPACES DICES 18. SPACES DICES 19. SPACES DICES 20. SPACES DICES 21. SPACES DICES 22. SPACES DICES 23. SPACES DICES 24. SPACES DICES 25. SPACES DICES 26. SPACES DICES 27. SPACES DICES 28. SPACES DICES 29. SPACES DICES 30. SPACES DICES 31. SPACES DICES 32. SPACES DICES 33. SPACES DICES 34. SPACES DICES 35. SPACES DICES 36. SPACES DICES 37. SPACES DICES 38. SPACES DICES 39. SPACES DICES 40. SPACES DICES 41. SPACES DICES 42. SPACES DICES 43. SPACES DICES 44. SPACES DICES 45. SPACES DICES 46. SPACES DICES 47. SPACES DICES 48. SPACES DICES 49. SPACES DICES 50. SPACES DICES 51. SPACES DICES 52. SPACES DICES 53. SPACES DICES 54. SPACES DICES 55. SPACES DICES 56. SPACES DICES 57. SPACES DICES 58. SPACES DICES 59. SPACES DICES 60. SPACES DICES 61. SPACES DICES 62. SPACES DICES 63. SPACES DICES 64. SPACES DICES 65. SPACES DICES 66. SPACES DICES 67. SPACES DICES 68. SPACES DICES 69. SPACES DICES 70. SPACES DICES 71. SPACES DICES 72. SPACES DICES 73. SPACES DICES 74. SPACES DICES 75. SPACES DICES 76. SPACES DICES 77. SPACES DICES 78. SPACES DICES 79. SPACES DICES 80. SPACES DICES 81. SPACES DICES 82. SPACES DICES 83. SPACES DICES 84. SPACES DICES 85. SPACES DICES 86. SPACES DICES 87. SPACES DICES 88. SPACES DICES 89. SPACES DICES 90. SPACES DICES 91. SPACES DICES 92. SPACES DICES 93. SPACES DICES 94. SPACES DICES 95. SPACES DICES 96. SPACES DICES 97. SPACES DICES 98. SPACES DICES 99. SPACES DICES 100. SPACES DICES

This day in history

JAN 28, 1547: Henry VIII dies. His nine year old son, Edward VI becomes King, and the first Protestant ruler of England.

JAN 28, 1855: The first locomotive runs from the Atlantic Ocean to the Pacific Ocean on the Panama Railway.

JAN 28, 1909: United States troops leave Cuba with the exception of Guantanamo Bay Naval Base after being there since the Spanish-American War.

JAN 28, 1958: The Lego company patented their design of Lego bricks, still compatible with bricks produced today.

JAN 28, 1986: Space Shuttle Challenger breaks apart after liftoff killing all seven astronauts onboard.

METRO NEWS SERVICES

entertainment 19

Take Five

Metro Recipe of the Day



Filet Mignon Salad

INGREDIENTS:

4 red peppers

10 oz (300 g) filet mignon

1/2 tsp (2 mL) pepper

2 garlic cloves

1 lb (500 g) green beans, trimmed

4 tbsp (60 mL) balsamic vinegar

2 tsp (10 mL) extra virgin olive oil

2 tbsp (25 mL) finely chopped shallot

1/4 lb (125 g) mixed salad greens

6 tomatoes, cut into 1/4-in (0.5-cm) wedges

METHOD:

1. Preheat broiler. Place red peppers in broiler pan. Cook until skins are blistered and blackened, turning frequently. Place in plastic bag, seal tightly and let steam 10 minutes. Peel away blackened skins from peppers, seed and cut into chunks.

2. Meanwhile, lay filet flat on cutting board and slit lengthwise three-quarters of the way through. Open

up like a book and press flat. Sprinkle with 1/4 tsp (1 mL) pepper. Cut 1 garlic clove in half and rub cut sides all over beef. Barbecue or broil beef until done to taste, about 3 minutes per side for medium. Thinly slice beef.

3. Cook beans in boiling water until crisp-tender, about 5 minutes. Drain and rinse immediately with cold water.

4. Crush remaining garlic clove. Whisk vinegar, oil, garlic, shallot and remaining pepper in small bowl. Divide mixed salad greens among 4 plates and arrange meat, pepper, beans and tomatoes on top. Drizzle with dressing and serve.

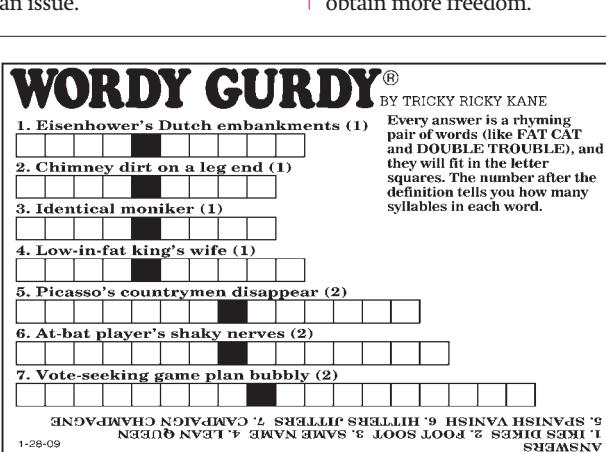
SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



AVATAR VENUS



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